

APPLIED META-PHYSICS:

FROM ET-ERNITY
THROUGH TIME AND SPACE
TO
ET-ERNITY

A COLLECTION OF ESSAYS

THIS ESSAY:

Lenten Season 2022: Day 04
Understanding & Overcoming
Death
(TO BE READ AUDIBLY)

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APPLIED META-PHYSICS, THE SCIENCE OF BE-ING AND KNOWING

ESSAY: Understanding & Overcoming Death

In Applied Meta-Physics, we recognise that LIFE is an omnipresent principle. We draw life from this principle continually, and increase it as we are able.

***“I come that you may have
life and have it
abundantly” .***

—Jesus, The I AM
within us ALL.

This is what we are all seeking;
*life in abundance, more vigour,
more clarity, more strength, as
well as health, peace and pros-
perity, in a word: JOY.*



We seek freedom to live according to our highest ideals.

We have been unable as a human family to do this because we've been entangled in thoughts of division, sickness, dis-ease war and death.

Birth and death are opposite poles of a spectrum of existence, while **LIFE** always is.

To use an analogy: Life is 'weather' and 'birth' and 'death' are types of 'weather' or experiences.

Another analogy: Life is the sea, and birth and death are types of fishes in the sea. (This analogy is ancient, it is the source of one of the reasons why the early follow-



ers of the WAY used the symbol of the fish... (yes, the symbol of the fish and the spelling also corresponds to the Greek, to Pisces, etc.) because we are all growing more and more conscious every day that we live and move and have our being in God (symbolised by the SEA).

As omnipresent life is represented by the sea, everything we experience is an aspect of Life.

Consciousness is LIFE, and if you sit still for a moment and think of the vastness of Life, and then translate the principle of consciousness into a garden, as we have discussed previously, then it is a simple matter to understand that 'birth' and 'death' are SEEDS/IDEAS sown into the omnipresent Garden of Mind/Consciousness.



How the seed of death was sown in consciousness:

'Adam' represents each of us, and the story in Genesis, tells us Adam was in the Garden of Eden, the Garden of de-light, the *garden of (de) Light*.

This, I would say is the human family in a previous cycle of existence, which represented a high state of consciousness, where all Adam's needs were met.

The story tells us that Adam and Eve were 'tempted' and ate the fruit of the tree of the knowledge of "good and evil", which is also analogous to thinking and acting differently, a difference, which caused a shift in their perception, causing them to fall away from a constantly inspired state.



Then we are told, that through their actions, *death came into the world*. They were expelled from the garden, *to work out their salvation*. This expulsion is not a punishment, rather the outworking of Divine Law.

So, 'death' entered the world through 'Adam' (representing humanity) and 'he' carried the seed idea of death *within him*, and this idea increased and multiplied, *and tintured every other idea passing through his mind*.

As Adam and Eve, representing the hu-man family in the beginning stages of a new cycle of evolution, spoke, *they multiplied the fruit of the ideas within them*.



The seed idea of death within them, **once spoken**, bore its fruit and sowed its seed in the hearts and minds of each generation, which followed.

As each subsequent generation received the seed idea of death, it was buried deeper and deeper in consciousness, and automatically bore its fruit—death.

Death became the most deeply rooted idea in the race consciousness, and hypnotised each generation, until everyone was sustaining the idea and sowing it and reaping its fruit in many ways.

As death and all its ways of manifesting increased in the Race Thought Atmosphere it became overbearing, and people began to think that death could happen at



any time and in any way. As they thought, so they manifested.

Consequently, the Race Thought Atmosphere became saturated with death and the fear of death. The more they focussed on the material world, the more *people lost conscious contact with their spiritual inspiration*, and became deeply immersed in the dark forces of the Race Thought Atmosphere, which so saturated the earth.

Rather than continuing on working out a process of salvation, the human family began to think all life and work was a curse... and... as they thought, they manifested.

The more the Race Thought Atmosphere saturated thinking, the more the mind sought to adapt, and every in-vention gifted to us is to re-mind us of our own na-



ture, and the process of salvation. Consequently the darkness of the degenerate mind twisted the concept of Salvation, intended to save us, and it was used to instil fear and promote materialistic ambitions.

As people became more materialistically minded, they struggled against one another, because they had fallen asleep, hypnotised by the Race Thought Atmosphere, and no longer *feeling their connection to each other*.

Unfeeling corresponds to disconnected, and to darkness. Feeling corresponds to connection, unity, light.

As the darkness of the mind increased, so did wars, and the dark energy permeated the land causing earthquakes, famines, and what food was produced was

all tintured by the Race Thought Atmosphere, as this is the process where man must eat the 'fruit of his labour' and learn how to temper it, and overcome his own destructive tendencies.

As each was set against his brother, it became so dark and intense that very few had any hope of living a happy and peaceful life.

Where previous generations worked through hardships as they forged forward in the process of salvation, later generations became lost, and disheartened and no longer focussed on salvation as the central purpose of existence, they turned their hearts and minds toward mammon.

Into this world of appearances, saturated with dark thoughts, the Christ manifested. The Christ manifests as the result of the cumulative effects of those few spiritualists and seers, who had not strayed from the path.

When Jesus/I AM became manifest, He spoke Words of Life and Light. As he had a consciousness of the indwelling Spirit, His words dissolved the effects of the Race Thought Atmosphere, and he taught others how to do this too. As a part of his teaching and demonstration, he overcame death. He taught that we would too.

How we overcome death:

If one looks at the process at work from the 'beginning', one can see a simple process of



‘sowing and reaping’ in hu-man consciousness, where the *idea* of death has been sown and reaped continually, alongside ALL other ideas in consciousness.

As the hu-man family has brought forth new generations, the underlying process driving this has been the process of Re-Generation, and the refinement of character, to purge from consciousness *every idea bringing forth sickness, suffering, pain, disease and death.*

We read in the Book of Revela-tion:

*...“And God shall wipe away all tears from their eyes; and **there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away.**”*



These words are the *fruition* of the power of the I AM stating:

*“Jesus answered and said unto him, **“If a man love Me, he will keep My words; and My Father will love him, and We will come unto him and make Our abode with him”.***

And:

*“Verily, verily, I say unto you, **If a man keep my saying, he shall never see death.**”*

And to **keep** the sayings is to **live by them**, to have them **producing their fruit in your consciousness**, in exactly the same way that *every* idea in consciousness is producing their fruit, enabling you to do what you do every day.

Walking, talking, eating, drinking, living, conversing, playing,



laughing, crying...*everything we do is the fruit of an idea sown into our minds formed into a 'thought plant' and bearing its fruit.*

Sometimes we have control over the process, as in when we perform daily routine tasks, and at others, the impulse of the Race Thought Atmosphere flowing through the idea becomes more powerful and *impels us to act in a certain way as is the case in addictions.*

"I AM the resurrection and the Life". —These are the words of 'Jesus' who is the I AM within each of us.

When we invoke, consciously, in a focussed way, the power of the spirit of the I AM, it pours its power into whatever it is we intend to do.



On a daily basis we ‘live’, yet the power of life flowing through us is but a trickle, because the ideas growing in the garden, which are tintured or hybrid with the ‘death’ idea use the energy which we could direct otherwise to produce vibrant, healthy, vigorous lives.

In the parable of the wheat and the tares, Jesus describes this sorting process:

“Another parable He put forth to them, saying: “The kingdom of heaven is like a man who sowed good seed in his field; but while men slept, his enemy came and sowed tares among the wheat and went his way. But when the grain had sprouted and produced a crop, then the tares also appeared. So the servants of the owner came and said to him, ‘Sir, did you not sow good seed in your field? How then does it have tares?’ He said to



them, ‘An enemy has done this.’ The servants said to him, ‘Do you want us then to go and gather them up?’ But he said, ‘No, lest while you gather up the tares you also uproot the wheat with them. Let both grow together until the harvest, and at the time of harvest I will say to the reapers, “First gather together the tares and bind them in bundles to burn them, but gather the wheat into my barn”’.

The ‘enemy’ is not outside oneself, the ‘enemy’ is ignorantly choosing to do something which is not in your/our best interests. “While men slept” is the effect of the Race Thought Atmosphere hypnotising the mind. The “field” is consciousness. When the crop sprouted, the *tares* appeared, and *tares* look like wheat, *yet are not wheat*.

The analogy is that when we are not clear in our understanding, we use words, which bring forth



tares, not wheat, and tares represent weeds, and the wheat represents the valuable experiences, which nourish us and from, which we make the “bread of life!” Wheat and its consequent processing into bread (Wisdom) and consumption, represents the fruition of our highest ideals, acting on them and experiencing the improved quality of life the Wisdom imparts to us.

So, we have been asked to be patient, *in thy patience, possess ye your souls*”, to allow BOTH to mature in consciousness, (and this has been human history unfolding) and when they do mature we see their true character and can sift through them and on discarding the ‘tares’, we are left with the wheat, and this is a maturation process coming to fulfillment within us, and we attain to the Kingdom—via, the fruits of



the Spirit, of which the Kingdom of God is represented by Absolute Self-Control.

Our work each day, is to experience the fruit of our thinking and doing, then JUDGE whether the results are in alignment with the Divine Law, the Decalogue, and then **dissolve ideas** and thoughts which produce dis-ease, sickness, and **cultivate the highest ideals possible for daily living.**

AS WE REALISE that LIFE is an **omni-present principle, that ‘birth and death’ are seed ideas in consciousness,** we sift through consciousness, casting out the destructive and self-limiting ideas, and in doing so, we are transformed.

“Be ye transformed by the renewing of your mind”.



In the Gospel of Thomas we read:

*These are the hidden logia
Which the living Jesus spoke
And which Didymus Judas Thomas
wrote.*

1. “And He said:

***He who finds the inner meaning
of these logia, will not taste
death”.***

This “inner meaning” is NOT intellectual. “Meaning” is the **mo-tive**, so we are being taught that when we find and reconnect with the motivating power within ourselves *at its source” and learn how to express it LAWFULLY, that is, in alignment with the Divine Law, we overcome death.*

We find this inner stream of Living Water’s Intelligence by listening for it, by being drawn towards its source **within us**, and



by living according to its inspirations, rather than by the ‘knowledge’ and traditions of this world of appearances.

“My Kingdom is not of this world!”

- Jesus (I AM)

The Kingdom is of the Spiritual essence within us, expressed through us in exalted God-given ideals to transform, first ourselves, then our environment.

“Thy Kingdom Come, as in the Heavens (of our minds/Faith) so upon the earth (manifested in our daily lives).



Applied Meta-Physics is the oldest Science in existence. It is the study of who we are and why we are here.

It is sometimes called 'The Science of Making the Ideal Real', because it identifies in concrete terms the abstract workings of the mind, and teaches the steps every eternal idea passes through in transition from the plane of the eternal spiritual world, to become manifest on the earth plane.

The sacred writings we have inherited are meta-physical in nature. This means they have been written through the inspiration of the Paraclete using words, which have varied meanings, interpreted accordingly, depending on which level of consciousness the reader has achieved.

The *art* of Applied Meta-Physics is to 'conceal, to reveal'. The Wisdom the writers concealed protects it from those who would destroy the writings, *and therefore destroy themselves*, until a time when the human family matured and awakened and realised its need.

The scriptures are like an offer to an addict deep in the throes of ad-diction, rejecting what they really need most, and lashing out, because they have lost control of their own minds. In the height of the loss of control the addict attacks those seeking to help them and would destroy them.



The parables, analogies, codes and koans in the Helios Biblia have preserved these writings, as the power of the Word concealed within them has worked in the hu-man consciousness to do exactly that.

Applied Meta-Physics is the Key opening the way to comprehending their riches and applying the Wisdom revealed in one's life and proving the truth thereof.

There is a simple fact of life:

We are all created equal, in that we are all the offspring of God, and we form our lives by the thoughts, words, deeds we think, speak and do. The equality is that the Divine Law is no respecter of personalities.

We are all held responsible for everything we do, and our body either regenerates or degenerates according to the motives of our hearts. If we seek to rule others, we are using the life we have been given to express ourselves contrary to the Divine Law, and this is slow and definite suicide.

If we submit to the will of another, this too is slow suicide and contrary to the Divine Law.

The LAW IS!

It is the Doorway to Everlasting Life.

PEACE.

