

APPLIED META-PHYSICS:

FROM ET-ERNITY
THROUGH TIME AND SPACE
TO
ET-ERNITY

A COLLECTION OF ESSAYS

THIS ESSAY:

Lenten Season 2022: Day 05
Be in the World, not of It

(TO BE READ AUDIBLY)

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Lenten Season 2022: Day 05

Be in the world, not of it.

Approximately: 20 min read.

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APPLIED META-PHYSICS, THE SCIENCE OF BE-ING AND KNOWING

ESSAY: Be in the World, Not of It

We are taught to “*Be in the World, Not of it*”. To fully understand this, each person needs to understand that the real world is Spiritual and eternal, that emanating from the Spiritual world is the psychic world, and the product of the psychic world is this world of appearances.

Each world is nested in the other. The Spiritual world is the basis of all life and existence, it is the Kingdom of the Heavens. Emanating from this world is the psychic world, the breath of life, which we all participate in, and can colour with personal thinking and ideas...



The result of the psychic world, which we call the world of appearances, is shaped by the Race Thought Atmosphere.

When we are taught to “be in the world, not of it” we are being taught that although the reality of existence is Spirit, the psychic atmosphere has fallen away from the perfect order, which is its foundation.

This is a result of ‘eating the fruit of the tree of the knowledge of good and evil’... of judging life from appearances, and categorising them according to the desires of the lower sensual 333 mind.

A quick recap is necessary here in this series of Lenten essays, relating to the planes of mind:

1,000 is *the Conqueror*, this is the plane we are ReGenerating into, where we have overcome



the world, that is, overcome the hardships of the world of appearances, its sicknesses, dis-eases and death.

999 is the Intuitively Wise mind, at work within us, always inspiring us intuitively to guide us in the way of perfection.

888 is the higher mind, that mind, which is *calling* to us to come up higher.

777 is 'the Cross', the plane of understanding the formation of this world from Spiritual and 'material' thinking, on which the personal man must die, to make way for the Spiritual man.

666 is the carnal mind, the lower mind, the body of the flesh, which does not regard the essence of the spirit, which animates it.

More so, it is the aspect of con-



sciousness which sets itself against the 888 mind, the higher mind. It is the ‘adversary’. It is the ‘carnal mind, and to “be carnally minded is death”.

Those living in the carnal mind, are whom Jesus spoke of when he said “*let the dead bury their own dead...*” because those in that frame of mind are in the “sleep of death”.

555 is the desire mind, this plane of consciousness guides our daily lives, and serves whichever mind, the 666 **or** the 888 is dominant. If 666 then degeneration and death will consume the body. If 888 then ReGeneration and the highest ideals will resurrect the body to its undying state. We vacillate from the lower to the higher and the higher to the lower, until we *mature* into the higher and overcome the lower

completely.

444 is called the 'Serpent Coil', and this represents the pent up, and potential energy within us. Called by some, 'the Kundalini', when we first taste this energy it imparts to us waves of light and reconnects us to the higher Spiritual 888 plane of consciousness. It is bliss, yet, if not properly understood and controlled, can cause psychological damage.

333 is the sensual mind, that plane of consciousness closest to material thinking, and which is the plane of mind closest to the earth or 'material' realm. The sensual mind we use constantly to interact with the world, and we are to redeem it, and raise it to spiritual consciousness.

The sensual mind leads many people astray, hypnotising them into thinking that this world of



appearances is all there is.

These planes of mind are within us all, and the numerology is that given to each by those who wrote the scriptures.

[On that note, the ‘scriptures’ are not limited to the 66 books of the Helios Biblia/Bible, there are many scriptures, secreted away in libraries all over the world, which the man on the street must work really hard to gain access to and learn from. Some, never see the light of day and are very closely guarded.]

The exact method of emanation of the Spirit through the psychic realms to produce this ‘material’ realm is a topic of much speculation among occultists, each school with their own levels/planes of mind, and often elaborate schemes. I agree with the teaching of King Solomon that



“God made man simple, his complex problems are of his own devising...” written in the Book of Ecclesiastes.

When we are taught to be “in the world, not of it”, we are being taught to look to the Spirit within us, to comprehend our source, and live from it, inspired by its wisdom and love, not to be-have according to the standards of the world of appearances, which is the “fruit of the tree of the knowledge of good and evil”, the consummation of which leads to death.

The Spirit World is the source of all power, the psychic world, or Race Thought Atmosphere is an emanation of it, and the World of Appearances is a product of the Psychic world/Race Thought Atmosphere, and it is this world we are told *to be in*,



yet not of.

We achieve this by looking within, by searching within, by being sincere in our efforts, and reconnecting with the Spiritual body, through a Spiritual ‘umbilical cord’, which some call the Kundalini.

When this energy pours into us, percolates through us, and radiates from the centre of every cell of our body, we get a taste of God. We are no more in doubt about the reality of God, for we have been immersed in the Spirit of God, and this is the foundation of our Faith.

In the Hebrew tradition, this is called Mikvah, although the meaning has been materialised by intellectuals and reduced to meaning the taking of a ritual bath. The origin is to be bathed in the power of the Spirit... and



this is called 'Baptism' in the church, probably 'Namkaran' in the Hindu tradition and Buddhism speaks of 'blessings', as do many traditions, *all are referring to the same thing*, an encounter with, or anointing by, the Holy Spirit... the Spirit which makes us whole.

It is this experience that empowers us, making the powers of the Race Thought Atmosphere within us, weaker, and as we learn to draw on the Spirit, we do the necessary gardening of the mind, and dissolve all the thought forms within us, through which the Race Thought Atmosphere's dark forces had flowed through us.

Spirit flowing into the mind creates spirituality, not 'belief'. So many people are deluded into thinking that Truth of the Spirit



is mere ‘belief’ and can be dismissed as such, and they, by doing so, debar themselves from drinking the Living Water, which would confirm God’s existence and lead them to find the fount of happiness within themselves.

There is no ‘downside’ to True spirituality. None whatsoever. It sees through the cacophony and the deception of material thinking, and guides the individual on the Way to life.

Yes, one will be held responsible for their past thought, words and deeds, yet, the Spirit, where there is sincere repentance, guides one onto the best path to learn the necessary lessons in the best way.

God does not punish anyone, regardless of what you may have been told. We suffer through the quality of our thinking. We suffer

because we are not in alignment with the Decalogue, the Divine Law, which *enables* us to know God, love God, love our neighbour, as its power flowing through us, when we are in alignment with it, releases us from the carnal thinking, which had created and sustained fear, greed, jealousy, lust, pride, anger, vanity, sloth/laziness, gluttony, and it is *these ideas at work within us, which caused the suffering.*

“God is not mocked...”, God is the Divine Law, the Divine Law is written within every cell of the body, the Law’s purpose is to work through us to reproduce the signature of the nature of every seed idea, and to guide us and teach us the WAY TO LIFE.

When every person is aware that the Law is written within our cells, within our DNA, and aligns



themselves with it, ALL their motives for living will change, they will experience the Living Water, which washes all error from their heart and mind, and which, as they persevere in the regeneration, heals all their ills.

THE Lord's Prayer, or rather, the Prayer which makes you Lord states:

Our Father

In the Heavens

Thy name must be being hallowed

Thy Kingdom must be being restored

Thy will must be being done

As in the heavens, so upon the earth

Give us this day our tomorrow's bread

And forgive us our trespasses, as we forgive those trespassing against us

For you would not lead us into temptation

But, deliver us from its evil,



*For thine is the Kingdom, the power
and the Glory,
Now and Forever.
Amen.*

Our Father—Acknowledging
the Spirit who is the common
source of ALL LIFE.

In the heavens—we have es-
tablished a firm connection with
the spirit of God in our minds.

***Thy name must be being
hallowed***—Wholeness (Spirit
and Body) manifests thy nature
(Power). We are to align our
spiritual body and our ‘material’
body, our thoughts and emo-
tions into one.

***Thy Kingdom must be be-
ing restored***—As we do, we re-
store Self-control.

Thy will must be being



done (we live in alignment with the Decalogue, the Divine Law).

As in the heavens, so upon the earth (As far as we understand it, as we grow into an increasing awareness of God's omnipresence).

Give us this day our tomorrow's bread—In the light of our present understanding, guide our growth.

And forgive us our trespasses, as we forgive those trespassing against us—Showing us the error of our ways and enabling us to avoid getting ensnared by the errors of those around us.

For you would not lead us into temptation—We acknowledge full responsibility for our own thought-words and deeds, and for falling short of expressing our highest ideals.



But, deliver us from its evil—impart to us the Wisdom, Love faith and strength to overcome ‘evil’ (nothingness).

For thine is the Kingdom, the power and the Glory—we acknowledge you alone as the source of all life and existence.

Now and Forever. Amen.

This prayer is drawing the truth of being from the omnipresent Spiritual essence or ‘substance’ of God, and condensing the Spirit in our hearts and minds, increasing the intensity of the Light within us, and it is the Light which heals us, and bears witness to the *reality* that we are *each*, the offspring of God, living in this world, not a product of it in any way.



*“Let your light so shine before men,
that they may see your good works,
and glorify your Father, which is in
heaven.”*

END



Applied Meta-Physics is the oldest Science in existence. It is the study of who we are and why we are here.

It is sometimes called 'The Science of Making the Ideal Real', because it identifies in concrete terms the abstract workings of the mind, and teaches the steps every eternal idea passes through in transition from the plane of the eternal spiritual world, to become manifest on the earth plane.

The sacred writings we have inherited are metaphysical in nature. This means they have been written through the inspiration of the Paraclete using words, which have varied meanings, interpreted accordingly, depending on which level of consciousness the reader has achieved.

The *art* of Applied Meta-Physics is to 'conceal, to reveal'. The Wisdom the writers concealed protects it from those who would destroy the writings, *and therefore destroy themselves*, until a time when the human family matured and awakened and realised its need.

The scriptures are like an offer to an addict deep in the throes of ad-diction, rejecting what they really need most, and lashing out, because they have lost control of their own minds. In the height of the loss of control the addict attacks those seeking to help them and would destroy them.



The parables, analogies, codes and koans in the Helios Biblia have preserved these writings, as the power of the Word concealed within them has worked in the hu-man consciousness to do exactly that.

Applied Meta-Physics is the Key opening the way to comprehending their riches and applying the Wisdom revealed in one's life and proving the truth thereof.

There is a simple fact of life:

We are all created equal, in that we are all the offspring of God, and we form our lives by the thoughts, words, deeds we think, speak and do. The equality is that the Divine Law is no respecter of personalities.

We are all held responsible for everything we do, and our body either regenerates or degenerates according to the motives of our hearts. If we seek to rule others, we are using the life we have been given to express ourselves contrary to the Divine Law, and this is slow and definite suicide.

If we submit to the will of another, this too is slow suicide and contrary to the Divine Law.

The LAW IS!

It is the Doorway to Everlasting Life.

PEACE.

