

APPLIED META-PHYSICS:

FROM ET-ERNITY
THROUGH TIME AND SPACE
TO
ET-ERNITY

A COLLECTION OF ESSAYS

THIS ESSAY:

Lent 2022 Day 02:
Consciousness as a Garden
(TO BE READ AUDIBLY)

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Lenten Season 2022: Day02

Consciousness as a Garden

Approximately: 20 min read.

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APPLIED META-PHYSICS, THE
SCIENCE OF BE-ING AND
KNOWING

ESSAY: CONSCIOUSNESS AS A
GARDEN

Allegory is the 'language of God'.

We call it 'allegory', simply because we have fallen from a higher state of consciousness, and find ourselves on earth, in the midst of a vast expanse, seemingly without reason, and experiencing enormous suffering, and when we have looked around, we have struggled to find answers.

The struggle is because, when we 'fell' from a higher state of consciousness, we lost our way of perceiving ourselves and our environment, and with that, *everything changed.*



As we lost our connection to the *intuitively wise mind*, our conscious minds became darkened with a corresponding loss of unity with the Spirit, which is our in-spire-ation, our essence.

With this disconnection from the source flowing within us, the truth of existence, which had previously been clear and comprehensible, became cloudy and confused.

The lower mind did the only thing it could under such circumstances, it worked to relate to its environment, without the Wisdom of the intuitively wise / higher mind.

The more materialistic we became, the more we began to relate to, and form vocabulary that enabled us to live on the earth plane, and this caused us to drift even farther in consciousness,

from the source of inspiration flowing from deep within us.

Looking out into the world, feeling empty, and seeking to replace the security our intuition previously provided, our minds became acquisitive, we thought that security, 'wisdom' and 'understanding' was to be gained by 'acquiring the things and knowledge' of the world, and the more we focussed on the world, the more we fell asleep to our spiritual nature, and this deepened our hypnosis and we became entrapped and enslaved by materialism, which is the fruit of the present (and past) Race Thought Atmosphere.

This falling away from consciously living from Self is the origin of death on this plane.

In the allegory in Genesis, Cain, kills Abel. Cain was an artificer,

and Abel was a keeper of sheep. Cain represents the intellect in an acquisitive phase of mind (and the ability to harm mindlessly). Abel represents the intuitively wise mind, with rich emotional intelligence, who brings forth from the depths of being ideals (sheep), which are guileless and peaceful.

So Abel is *expressing the ideals of the Spiritual body* and Cain is *acquisitiveness, gaining power by acquiring material 'experience and wisdom', which increases until the intuition is 'killed'.*

The generations that follow, throughout the book of Genesis, through to the Book of Revelation, are all, allegorical representations of phases of our own mind, which we are to study and learn so that we may come to



know ourselves and restore consciousness of our own Spiritual essence.

“And Cain went out from the presence of the Lord, and dwelt in the land of Nod”.

After Cain killed Abel, he became afraid that he would be killed (and this is yet another confirmation that Genesis is an allegory teaching the ReGeneration, rather than a creation story with three people on earth!)

The Lord gave Cain a ‘mark’, so that those who saw it, “would not harm him”. Meanwhile, the earth became cursed as soon as Abel’s blood “hit the ground”.

All of this is meta-physical analogy. When acquisitiveness ‘kills’ the expressiveness of the intuition, then of course the ‘ground is cursed’ because we have lost the very inspiration,



which connected us to everything, and which is necessary for us to relate to it, and work in harmony with it.

A part of the allegory of ‘sheep’ is that they represent thoughts, and as we think and speak without guile, we are nourished by the intuitively wise plane of mind, which inspires us every day.

As sheep represent thoughts, and sheep are kept in ‘folds’, this is an allegory for the ‘folds’ of our own brains.

When Cain leads the way in consciousness, then struggle and strife follow because ‘he’ has killed the very aspect of thinking necessary to make life simpler!

Abel is our recognition of the unity of all things, and our interdependence with the land we live



on. The land represents our own body.

Without going into great depth (there's link to the Meta-Physical Dictionary, which gives valuable insight into the meanings of the names on the resources page at the end of this essay) this is part of the meaning of Cain and Abel, and every name of every character, city, town, and the events, in each of the stories, are allegorically teaching us *our own nature*.

And... “Cain fleas to the ‘Land of Nod’” ...to this day, when we are losing a measure of self-control and/or are tired, we ‘nod off’ indicating some form of sleep.

All languages (and there are still over 7,000 languages in use around the world), still have idioms from ancient times, which



reveal metaphysical truth, when we awaken to them.

The story of Cain and Abel relates to the Lenten season, because we are looking at ourselves, we are identifying the acquisitiveness and materiality of the mind, which has been seeded into us as we were growing up, under the guise of ‘worldly ambition’ ‘traditions’ ‘nationalities’, etc., and we are sifting through these thoughts and speaking the words, which dissolves the degenerative qualities to make room in the garden of consciousness to cultivate and express our *highest ideals*.

As we cease being acquisitive, we become more *expressive*, and the intuitively wise mind pours its inspiration into us, clarifying consciousness and enabling us to

comprehend more and more of the allegories.

To illustrate this is another way, 'Cain' is like weeds in a garden, Abel is like fruits and vegetables.

We are to look at the essence of the ideas we are holding in mind, and identify them and sift them, and sort them, and do the work to uproot completely the weeds, and cultivate and nurture the fruit and vegetables.

In the Gospels, "the parable of the wheat and the tares", illustrates the exact same process.

The sacred scriptures of all lands use allegories, because the Wisdom they share is of the Spiritual world and the only way to transfer the meaning from the unseen to the seen, is to conceptualise a correspondence of what is 'above' or of the Spiritual

World and what is 'below' or of the earth plane.

So, while we say "allegory is the language of God", the reality is that *Truth is the Language of God*, and *our ancestors used allegory to convey the truth*.

When we comprehend the meaning of any allegory, we do not need the allegory any more, because it has delivered its truth.

When we receive and comprehend *the Spirit of Truth*, it means we are passing out of the lower 'carnal' (666) phase of mind and rising up into the higher planes, crossing out the error, and strengthening our conscious connection to the higher planes, the higher mind (888), the intuitively wise (999) on our way to overcoming ALL the ideas which had caused and sustained a degenerative frame of mind.



“Be still and know the I AM is God” means to still the mind and be receptive to the ‘still small voice’ of the Spirit.

It is the nature of the carnal mind to be integrated with the ‘world’. When we are still, we untangle the mind from the world of appearances and begin to perceive our higher mind. Then, as the power of the higher mind percolates through us, we are immersed in it, and experience the aliveness of the omnipresent Spiritual world *“in which we live move and have our being”*.

The revelations we receive when immersed in Spirit, strengthen us by imparting to us the Light of the World of Spirit, which we receive through subtle vibrations as we become more and more aware of our own Spir-

itual body, which is the perfect blueprint, for the material body.

If our spiritual body is perfect, why is our physical body not perfect? Simply because, since birth, we have been taught to look at the world and use its erroneous standards as our standards for comprehending life. This has continued for thousands of years as the mind had silenced the intuition and replaced it with its own errors and has then become entangled in, and enslaved by them.

*“Ye shall know the (spirit of) truth,
and (the power of) the truth shall set
you free”.*

I have added the words in parenthesis to create clarity and emphasise that Truth is not merely intellectual, it is electrical-magnetic-spiritual substance; the power of the Holy Spirit, and



when you experience it flowing through you, you will have absolutely no doubt whatsoever that you have a Spiritual body that is the blueprint each must consult in order to manifest perfect health on the material plane.

“Be ye perfect as your father in heaven is perfect”.

This perfection is Self-awareness, Self-knowledge, Wisdom, Love, and all the other attributes and powers/faculties of mind, which are ours for the asking, when we “seek and... ..find”.

The ‘Holy Spirit’ is the Spirit that *completes us, it makes us whole.*

When we align ourselves with the perfect blueprint, and the Spiritual qualities of the Holy Spirit radiate from the centre of every cell of our body, it brings us into a full conscious aware-



ness of the omnipresence of God, in whom we live, move and have our being.

As we work each day to overcome the ideas, which have inhibited us, the powers of the Spirit become more real and tangible to us, as we diligently Re-Generate our garden of mind.

To become a diligent ‘gardener of the mind’ we observe ourselves each day, becoming acutely aware of every thought coming to us, from within and from the Race Thought Atmosphere, then *judging* its value in relation to being the “light of the world”, discarding destructive and degenerative thoughts, and making room for our highest, most secret ideals, to grow and beautify the garden of being.



Just as we can take ANY garden, regardless of how unkempt it has grown, and daily ReGenerate it, and transform it into magnificent beauty, so too, we can each ReGenerate our own minds, our own Garden of Consciousness until we have eliminated every weed idea, which had caused us pain and suffering in the past.

Each person is seeking Wisdom, as well as peace of mind, health, prosperity, and to achieve these qualities harmoniously, without the usual antagonism of the world, we must go within every day and using the I AM seed the highest ideals we are intent to cultivate and dissolve the weed ideas, which have inhibited us in the past.

As we participate in this process, the progress we 'see' (feel



and experience) in the Garden of Being, encourages us to continue every day, to beautify our gardens, and experience the peace and beauty life is intended to be.

END



RESOURCES:

[King James Bible .pdf](#)

[Metaphysical Bible Dictionary .pdf](#)

[12 Lessons in Prosperity](#)

(Includes audio book links)

Master of Money

Freely you have received, freely share.

Applied Meta-Physics is the oldest Science in existence. It is the study of who we are and why we are here.

It is sometimes called “The Science of Making the Ideal Real”, because it identifies in concrete terms the abstract workings of the mind, and teaches the steps every eternal idea passes through in transition from the plane of the spiritual world, to become manifest on the earth plane.

The sacred writings we have inherited are metaphysical in nature. This means they have been written through the inspiration of the Paraclete using words, which have varied meanings, interpreted accordingly, depending on which level of consciousness the reader has achieved.

The *art* of Applied Meta-Physics is to ‘conceal, to reveal’. The Wisdom the writers concealed protects it from those who would destroy the writings, *and therefore destroy themselves*, until a time when the human family matured and awakened and realised its need.

The scriptures are like an offer to an addict deep in the throes of ad-diction, rejecting what they really need most, and lashing out, because they have lost control of their own minds. In the height of the loss of control the addict attacks those seeking to help them and would destroy them.



The parables, analogies, codes and koans in the Helios Biblia have preserved these writings, as the power of the Word concealed within them has worked in the hu-man consciousness to do exactly that.

Applied Meta-Physics is the Key opening the way to comprehending their riches and applying the Wisdom revealed in one's life and proving the truth thereof.

There is a simple fact of life:

We are all created equal, in that we are all the offspring of God, and we form our lives by the thoughts, words, deeds we think, speak and do. The equality is that the Divine Law is no respecter of personalities.

We are all held responsible for everything we do, and our body either regenerates or degenerates according to the motives of our hearts. If we seek to rule others, we are using the life we have been given to express ourselves contrary to the Divine Law, and this is slow and definite suicide.

If we submit to the will of another, this too is slow suicide and contrary to the Divine Law.

The LAW IS!

It is the Doorway to Everlasting Life.

PEACE.

