

APPLIED META-PHYSICS:

FROM ET-ERNITY
THROUGH TIME AND SPACE
TO
ET-ERNITY

A COLLECTION OF ESSAYS

THIS ESSAY:

Lenten Season 2022: Day 07

Health is Wholeness

(TO BE READ AUDIBLY)

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2022





Health IS Wholeness



Animae nostrae alas habent: "our souls have wings".

Lenten Season 2022: Day 07

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Approximately:
12 min read.



SilverBird Electronic Publications
2021

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APPLIED META-PHYSICS, THE SCIENCE OF BE-ING AND KNOWING

ESSAY:

Health is Wholeness

Health is *not* a ‘medical’ condition. Health is wholeness, it is the result of all the departments of being working in perfect harmony with one another, guided by a clean heart.

It cannot be manufactured in the without, it is the product of the synergy of SELF-knowledge, peace, calm, and pure motives.

The Spiritual blueprint for our body is whole. As a blueprint, it is perfect for that purpose. Yet, if we are to be whole, hale, hearty, in this world of appearances, the



Spiritual blueprint and the mind must be in sync, and then the body we build is whole, perfect: *Healthy*.

Sickness and imperfections are 'the product of weed ideas' growing in the garden of mind. They grew there over the years, either with or without our awareness and permission, either in this life, or another.

EVERYTHING we are is the result of an idea in the garden of mind, and in reality, no weed can live within us, *without our conscious or unconscious permission*. We are to identify those ideas which are bearing the fruit of dis-ease and speak the necessary Words to dissolve them.



Once dissolved, these ideas cannot bear their type of fruit in our bodies or experiences. As we replace them with our highest ideals, these grow within us and manifest *their* fruit as we cultivate them.

As we grow more spiritually aware, and get a clearer picture of the meaning of the scriptures (read: script-yours, the script to act on to heal oneself) they yield their secrets and our understanding changes as a result of the increase of light flowing through us.

Yah-Weh is our breath. The four letter Tetragrammaton is **YHVW** and the starting point is that each letter represents either the inhale or exhale of each of us



breathing.

Their meaning is deeper, yet, for this lesson, this is all you are required to understand.

To be whole, or in health is to be 'hale' and when we 'ex-hale' we can consciously purge the error weeds from mind, we can dissolve the trauma, and when we 'in-hale', we can consciously unite God within, with omnipresent God, our own mind is the bridge (the Way).

The more errors we dissolve, the more weeds we dissolve, the more real estate we have in the garden of our minds for cultivating our highest ideals, and the more aware we become of the reality of Spiritual power/Light



flowing through us.

Think of the Spiritual body as being a drawing on a page, then you overlay it with tracing paper, which represents the mind, then you take an instrument (which represents thinking) and you start to trace the original image.

The more accurately you observe the Spiritual body, the more care you take in observing it, the closer to the original the tracing shall be.

If there is something out of alignment, you can always correct it, for the original is a living entity and is always broadcasting to us, the essence of its nature.



There are many analogies one can use for building health, and all of them show the natural process of body-building and growth and repair.

EveryONE will be familiar with the phrase that the body is referred to as the '*temple of the living God*'. With this idea firmly understood, it is a short step to understand the analogy that our blood is likened to a 'project manager', who is building the design.

Now, it does not matter how experienced the 'project manager' is, if they do not receive the correct materials to build the temple then they cannot faithfully repro-

duce the design on the blueprint.

WE are each made, in Spirit:

*“into the image, **after** the likeness of God”.*

This refers to our Spiritual blueprint... we are each *building* according to our perception of our Spiritual nature.

When we are born into this world of appearances, we are immersed in its Race Thought Atmosphere and this has accumulated and its essence is far from Spiritual ideals—and this realisation teaches us where renewal is required.

When we go within and listen to our intuitively wise mind (999), through which the Light of God is always radiating, we are re-



minded of the words spoken to Moses:

“And look that thou make them after their pattern, which was shewed thee in the mount...”.

The ‘mount’ is the high place of *consciousness within us...* and if anyone has ever climbed a mountain physically, they will know the effort that requires, and when we are seeking to “know ourselves” and raise our consciousness, we are *to invest the same kind of effort.*

So many people have been deluded into thinking that they just need to ‘accept’ or ‘believe’ that someone is coming to save them, and for some reason condemn all those who they do not like, agree

with, or who do not belong to the same ‘denomination’, or religious school of thought.

This division and difference of opinion (truth never differs) all the cacophony of the politics which has invaded ‘religion’ hijacked it, manipulated it and it dishes out the ‘medicine’ of “soon everything will be better” or “when the messiah comes...” and *the reality is, that we are to repent, we are to change our thinking, we are to change our knowing, we are to learn about ourselves and do the necessary work to purge from mind everything, which causes degeneration.*



The gift of life is given to each of us, we are each responsible for it.

The responsibility is wholly ours, and we can work individually, or collectively, both will attain the same goal, as long as we do the necessary work to *ReGenerate our garden of mind.*

To do the work we need to understand the analogies in the script-yours, - analogy is God's language', and *know* they are teaching us the *Science of Re-Generation*, of individual transformation, where we dis-cover, where *we un-cover* the Kingdom of God, which is contained *within us.*



There are so many people seeking health, seeking healing, and so many looking for a quick fix... which does not exist.

Right now the whole world is in a situation, where some think they have a quick fix, yet they do not realise that health is *not a medical condition*, nor can health be manufactured in any way in the world.

The very best any ‘medicine’ can do is be a placebo, or a chemical ‘switch’ which induces the body to react. IF a person is aware, has received in any measure conscious awareness of the Spirit of God within, ***then no such ‘switch’ is ever required. Ever.***



Health is each of our own responsibility, as our body IS our *Book of Life* constantly being updated as we live each day, and the Living Law is within us, constantly monitoring our *motives*, our thoughts, words and deeds, and in very subtle ways and some not so subtle seeking to prompt us to awaken to the responsibility required to take care of this body temple, not only to maintain it, where we still have health, also to ReGenerate it, where there is any evidence of degeneration, and finally to overcome death.

Health and individual sovereignty go hand in hand.

We are not truly 'sovereign',



when we are relying on others to ‘fix’ us in some way. We are Sovereign when we have full command of the faculties of our mind and can direct them to serve us, to make us whole, healthy, peaceful, happy and harmonious.

We are Truly sovereign when our hearts are pure, our hands are clean, and the Living Water of the Spirit is flowing tangibly through our mind, cleansing it and empowering us.

What we have received by tradition is a much diluted interpretation of the Wisdom of the Helios Biblia / THE Bible, with those claiming to be its guardians teaching a literal meaning and



their own identification with its characters, and so the “letter kills”, as the literal meaning does not impart the depth of redeeming Wisdom and Love, necessary for each person to embody for the ReGeneration.

Two thousand years ago, when the Spirit/Light, was *intensely* flowing through the early followers of *The Way* and the political and established systems of worship (which all were political in their own way) persecuted them, they tortured them, they threw them to the Lions, they were hung drawn and quartered, their suffering was used as entertainment, and the reality is that those murdered were so full of

light, *they felt no pain.*

Records show that their bravery in the face of certain death was the most potent drawcard for recruiting more people to learn the Way of LIFE.

The reality is, that each day we live in this world, and are saturated by its Race Thought Atmosphere, we are in a sleep of death, we cannot feel the Abundant Life flowing through our arteries and veins, and radiating from every cell producing happiness and bliss, *which is our intended and natural state.*

The promises of the teachers of The Way, as recorded in the



Book of Revelation, are:

“And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away”.

“And he that sat upon the throne said, Behold, I make all things new. And he said unto me, Write : for these words are true and faithful”.

Those who wrote these words had attained a very advanced stage of consciousness, the 999 intuitively wise state, and there are some occult (hidden and secret) records saying even more wondrous things, of the works of those who attained to the 1,000 state of consciousness; The Conqueror, where one is master of

the world of appearances and can manipulate the Spirit at Will, heal others instantly... indeed, do everything and more as is recorded of Jesus (I AM).

EVERYONE has within them, the blueprint, which is their 'Son of God' consciousness. Due to being immersed in the world and its Race Thought Atmosphere, the vast majority have lost their conscious connection with it.

IT is not hard to reconnect; it only requires that we pay attention each day to the Spiritual impulses, which are seeking to guide our lives, and then assimilate the light it shines within us, and express it in our daily lives.



*“And the light shineth in darkness;
and the darkness comprehended it
not”.*

Seek each day to *comprehend* the Light, which is your true SELF, and it *will* increase, it *will* lighten your path and it *will* guide you in the process of ReGeneration. Every day you *will* feel yourself growing stronger and stronger, as the erroneous ideas, which had shaped your past, die and wither away.

*“Be ye transformed, by the renewing
of your mind”.*

Some people use the parable of the man born blind to claim that dis-ease, and infirmities are not caused by ‘sin’. This reveals an inadequate understanding. When



the disciples asked Jesus who sinned, “this man or his parents”, Jesus said “neither, that the man was born blind that the works of God may be wrought in him”.

This refers to the work of the Law from life to life, from incarnation to incarnation. We are held responsible by the Divine Law written within us, and the ‘freedom from the Law Paul speaks of is freedom from being subject to it through ignorance and living in alignment with it through the Light of the indwelling Christ.

Jesus heals from within us... He comes through us, not ‘to us’...

We are not just born to suffer



and die and then go to heaven or hell for ‘eternity’ (Eternity esoterically means ‘no time’) because we blindly believed in a story, or rejected it. The whole teaching is provided that:

“You shall know the Truth and the Truth shall make you free”.

The freedom is in the ‘hereafter’ - that is *here*, where we are now, *after* we awaken for the hypnotic sleep entrancing the human family for millennia. And it is from all the suffering as recorded in the Book of Revelation 21:4:

“He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away.”

“No more death” means *no more*



death; conscious continuum of everlasting life.

“No more sorrow” means all the things that cause us pain and grief will be gone. We change the values enslaving the mind and creating misery. We understand the cosmic process of Spiritual evolution and know God as omnipresent.

“No more crying” means conscious communion with God. In communion there’s no need to cry out, God’s Spirit is comforting us.

“No more pain” means no more calls to change, *we’ve changed already*. The Grace of God flows through us, making pain unnecessary and impossible if imposed on us (see the Beatitudes).

“The former things *have* passed away” means that we’ve totally

ReGenerated our thinking and use the power of thought and word *to create worthwhile and joyful experiences.*

*Health is Spirit-Mind-Body united and flooded with the Spirit of God; so that God is **all in all**.*



Applied Meta-Physics is the oldest Science in existence. It is the study of who we are and why we are here.

It is sometimes called 'The Science of Making the Ideal Real', because it identifies in concrete terms the abstract workings of the mind, and teaches the steps every eternal idea passes through in transition from the plane of the eternal spiritual world, to become manifest on the earth plane.

The sacred writings we have inherited are meta-physical in nature. This means they have been written through the inspiration of the Paraclete using words, which have varied meanings, interpreted accordingly, depending on which level of consciousness the reader has achieved.

The *art* of Applied Meta-Physics is to 'conceal, to reveal'. The Wisdom the writers concealed protects it from those who would destroy the writings, *and therefore destroy themselves*, until a time when the human family matured and awakened and realised its need.

The scriptures are like an offer to an addict deep in the throes of ad-diction, rejecting what they really need most, and lashing out, because they have lost control of their own minds. In the height of the loss of control the addict attacks those seeking to help them and would destroy them.



The parables, analogies, codes and koans in the Helios Biblia have preserved these writings, as the power of the Word concealed within them has worked in the hu-man consciousness to do exactly that.

Applied Meta-Physics is the Key opening the way to comprehending their riches and applying the Wisdom revealed in one's life and proving the truth thereof.

There is a simple fact of life:

We are all created equal, in that we are all the offspring of God, and we form our lives by the thoughts, words, deeds we think, speak and do. The equality is that the Divine Law is no respecter of personalities.

We are all held responsible for everything we do, and our body either regenerates or degenerates according to the motives of our hearts. If we seek to rule others, we are using the life we have been given to express ourselves contrary to the Divine Law, and this is slow and definite suicide.

If we submit to the will of another, this too is slow suicide and contrary to the Divine Law.

The LAW IS!

It is the Doorway to Everlasting Life.

PEACE.



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Updated March 2025