

APPLIED META-PHYSICS:

FROM ET-ERNITY
THROUGH TIME AND SPACE
TO
ET-ERNITY

A COLLECTION OF ESSAYS

THIS ESSAY:

Lenten Season 2022: Day 10
THE MOST important
thing to understand.
(TO BE READ AUDIBLY)

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The Most Important Thing To Understand



Animae nostrae alas habent: "our souls have wings".

Lenten Season 2022: Day 10

THE MOST important thing to
understand.

Approximately:
12 min read.



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APPLIED META-PHYSICS, THE SCIENCE OF BE-ING AND KNOWING

ESSAY: THE MOST important thing to
understand.

“With all thy getting, get understanding”

- Proverbs 4:7

When we ask “What is the meaning of life?” we are seeking understanding. We are asking because deep down *within us, we know* that the answers are there.

As we start to find real answers, we intuitively *know* we are learning the Truth, for we are awakening to the Higher mind within us.

WE are not alone in asking the most important questions; they have been asked throughout the ages. Many people have written



many books, some sharing vital in-formation, which can aid us in aligning ourselves with our Spiritual SELF.

Important to understand, is that no book, no person, no writing, no lesson, no essay can reveal the Truth to us, we each must experience the Spirit of Truth's *Power* flowing through us for ourselves. We are to each, not only know the Truth intellectually, we are to **marry it emotionally**, and become intimate with it, so its power flows through us.

When it does, **this** is when we:

“know the truth and the truth makes us free”.

This *knowing* is *communion* with the Spirit, it is being open



and receptive to the **inner** Light, and **tasting** it with both **heart and mind**, as it becomes real and tangible to our mind and feelings.

Once we have *tasted* the Spirit, *nothing else satisfies*. One goes on a quest to understand how to unite fully with it, *and live from it*.

In a previous lesson I used the analogy of the Spiritual body being the 'Blueprint', and the mind being like tracing paper and thinking being the drawing, which duplicates the Spiritual body, and manifests as the physical body.

Any imperfections in the 'physical' body are due to the thinking we do, tracing the infor-



mation of the blueprint *incorrectly*.

This analogy is accurate as far as it goes. Yet, it is important to understand that this is a **living process** going on every day, and the result we each attain is recorded as our ‘physical’ body; that which we see in the mirror each day.

*“For now we see through a glass,
darkly, but then face to face: now I
know in part; but **then** shall I know
even as also I am known.”*

- Paul

Paul, who, meta-physically represents the Word of Truth traveling through the organism, teaching it about its Spiritual nature, shared these words with us.



Our present state of awareness is the ‘then’, referred to in the above statement. The time when we awaken from the deep hypnosis of division and materiality, and drink the *Living Water of the Spirit*, which flows from deep within us, and which refreshes the Soul.

The most important thing to understand is that our ‘physical body’ is a representation of our thinking, we can no longer claim to:

“...see through a glass darkly”.

Both literally and figuratively we have perfect mirrors reflecting our whole body in minute detail, and we have a much better understanding of our *Body as our*



Book of life, which manifests the fruit of every idea and motive, which makes up our consciousness.

THAT our body is shaped by thinking, few seem to realise, outside of the gyms and the 'weight loss' world.

The vast majority of people accept that 'dis-ease' 'sickness' and so called 'old age' are 'inevitable' and must be treated by 'external' methods... They do not realise that by the stroke of their own *pen of thinking they are writing their thoughts words and deeds into their minds, which manifests as their body.*

Why is this **the most** important thing to understand? Simply be-

cause we are **Self-perpetuating, and Self-renewing**, and, as we draw closer to the source within us, the mind is cleared of the erroneous and degenerate thinking, which has caused all sickness, disease and death.

Consequently to knowing this truth, our thought-words-deeds become far more powerful, and we must be much more responsible in handling this power...

With the Spirit of Truth flowing through us producing more clarity, we understand *everything* differently. We are no longer ensnared in the darkness of the carnal mind, its ignorance, its fear, greed, division, anger, lusts of the flesh, pride, sloth, and all the

other ideas, *which we **had** fed, causing the body to degenerate.*

Our perfection is in the Spiritual body, and, where we fall short of manifesting perfection, this our forefathers called ‘sin’.

The ‘original sin’ is turning away from the Spiritual blueprint and *considering the evidence of the senses to be more important than the inspiration and guidance of the Spirit.*

Eve ate the fruit (effects of materiality) and gave to Adam the

“fruit of the tree of the knowledge of Good and Evil”...

This means the feeling nature fed the intellect with error, and formed a set of standards according to the senses and called this



world of appearances ‘the cause’, when the reality is, it is the *effect of thinking*.

So ‘Eve’s’ and ‘Adam’s’ error is passed onto all subsequent generations as ‘truth’ yet, it is *error*.

The *Spoken Word* carries this error through time, and it is via the spoken word of intelligent use of Truth, that we dissolve the error and overcome its effects.

SIN is defined as ‘missing the mark’. Let’s relate this to the Spiritual blueprint analogy. When we place the tracing paper over the Spiritual image, and then we draw by *thought*, if we do not align our lines with the Spiritual blueprint we building on, this is called ‘sin’, “missing the mark”.



Unfortunately, the Wisdom surrounding sin and its import to help us understand ourselves, has been so twisted by the politicians posing as religious ‘leaders’, that the real meaning has been lost.

When the duplicate is not a true duplicate, when the drawing on the tracing paper is awry, then this is *sin*.

The fact it is not an accurate duplicate is *the sin*, and we are disappointed in falling short of copying it perfectly... we are not punished by some ‘angry God’ for this sin, we are ‘punished’ i.e. disappointed in ourselves that we have fallen short of the *ideal*.

Our falling short, our ‘sin’ is the ‘punishment’.



The more the hu-man family has ‘sinned’, the more distorted the image on the tracing paper (mind) has become. The more distorted, the farther we have wandered away from the Spirit of Truth, which animates us.

The more out of alignment the image, the more sin and its effects; disease, suffering, fear, greed, and death, have held the human family in its bonds.

Two thousand years ago, when the wise men decided to collate all the information and compile it into a library of Spiritual teachings, their purpose was clear: To create unity on the earth by getting to the source of the teachings, and to teach each person their own Spiritual nature.



To overcome sin, each was given a TASTE of the Spirit in the company of adepts. This taste is an invocation of the Holy Spirit, poured out over the neophyte, so they *experienced intimate connection with God*. The ecstasy of BEING.

They called this experience ‘baptism’, and it was only conferred on those had been prepared and had repented. That is, those who had accepted their Spiritual body as a reality and had been prepared mentally and Spiritually to be anointed *with its power*.

Right up until today, one of the most common terms used is ‘anointing’. Although many people, who lacking Spiritual under-



standing, think the anointing is confirmation they are going to a 'heaven' when they 'die'.

Lacking the Wisdom of the Spirit, they do not realise it is but a step in the ReGeneration of Character, where, one aligns themselves with the Spiritual blueprint, the God-SELF within.

“And Jesus said unto them, “Verily I say unto you, That ye which have followed me, in the ReGeneration when the Son of man shall sit in the throne of his glory, ye also shall sit upon twelve thrones, judging the twelve tribes of Israel”.

Charles S Fillmore, in his excellent Book *The Twelve Powers of Man*, identifies each disciple of Jesus (I AM) as a faculty of mind. The twelve faculties are:

Peter—Faith

Andrew—Strength

James, son of Zebedee—Discrimination / Judgement



John—Love

Phillip—Power

Bartholomew—Imagination

Thomas—Understanding

Matthew—Will

James, son of Alphaeus—Order

Simon the Cananaean— Zeal

Thaddeus—Renunciation

Judas—Life conserver.

(**Matthias**, meaning wholly dedicated unto God replaces Judas).

Each of these disciples, represents a power the I AM (Jesus) calls and trains, in learning how to live life. These are the “twelve thrones” referred to in the statement above.

Now, the symbology goes deeper, because each faculty has a centre of action, and each disciple is the personification of each of the twelve tribes of Israel.

Not discussed by Charles Fillmore in that book, is the fact that

each tribe of Israel is representative of the twelve signs of the Zodiac, and their unseen powers influences all of our lives.

As everything ‘out there’ is *within us*, the symbology is teaching us our own nature, and how to align ourselves with the Kingdom of the Heavens (the Cosmic forces), and be wise and loving in expressing them.

The term ‘disciple’ esoterically means “controlled expression of one’s power”. And this is exactly what the sacred texts are teaching...each person to be the conscious embodiment of God-SELF with the centre of volition within, providing ALL SELF-sufficiency, which produces peace of mind and health of the body.



WE ARE SELF-perpetuating and SELF-renewing. We are each an integral aspect of the Cosmos, and the omni-present Spirit imparts life to us, reproducing the fruit of the ideas which are 'burned' into the 'film' of our mind, and projected as our health, state of mind and every event in the world.

IF one of those ideas is 'death' (and in the vast majority of the hu-man family, it is) then the Spirit will flow through that idea, *making it manifest in this world of appearances.*

This deep sleep, this deep hypnosis of 'inevitable death' causes people to be-have the way they do... because their thinking has been trapped, they have



‘concluded’ that ‘death is inevitable’ and so they be-have as though it is, and consequently they reap the results.

THE REALITY is that omnipresent God, imparting life to every one of us, has planned for each of us to overcome death, and given us the means to do so.

THAT MEANS is *ReGeneration*; a process I call ‘gardening of the mind’, where that ‘sheet of tracing paper’ is a ‘garden of pure potential’, and whatever seed ideals we sow in it, will grow and mature in their due season.

This is totally contrary to what the world teaches, and claims, where some people exalt themselves and have manoeuvred themselves into a position of



‘authority’, and this charade is to deprive you of going within and drinking from the “**Well of Being**”, and these words in bold mean nothing *until you experience the inner baptism of the Spirit, which confirms to you God’s presence and gives you a taste of His glory.*

THE MOST important thing is to understand this, and to realise your body is **your Book of Life**; and by your thinking you are either degenerating and dying or ReGenerating and entering into consciousness of everlasting Life.



Applied Meta-Physics is the oldest Science in existence. It is the study of who we are and why we are here.

It is sometimes called 'The Science of Making the Ideal Real', because it identifies in concrete terms the abstract workings of the mind, and teaches the steps every eternal idea passes through in transition from the plane of the eternal spiritual world, to become manifest on the earth plane.

The sacred writings we have inherited are meta-physical in nature. This means they have been written through the inspiration of the Paraclete using words, which have varied meanings, interpreted accordingly, depending on which level of consciousness the reader has achieved.

The *art* of Applied Meta-Physics is to 'conceal, to reveal'. The Wisdom the writers concealed protects it from those who would destroy the writings, *and therefore destroy themselves*, until a time when the human family matured and awakened and realised its need.

The scriptures are like an offer to an addict deep in the throes of ad-diction, rejecting what they really need most, and lashing out, because they have lost control of their own minds. In the height of the loss of control the addict attacks those seeking to help them and would destroy them.



The parables, analogies, codes and koans in the Helios Biblia have preserved these writings, as the power of the Word concealed within them has worked in the hu-man consciousness to do exactly that.

Applied Meta-Physics is the Key opening the way to comprehending their riches and applying the Wisdom revealed in one's life and proving the truth thereof.

There is a simple fact of life:

We are all created equal, in that we are all the offspring of God, and we form our lives by the thoughts, words, deeds we think, speak and do. The equality is that the Divine Law is no respecter of personalities.

We are all held responsible for everything we do, and our body either regenerates or degenerates according to the motives of our hearts. If we seek to rule others, we are using the life we have been given to express ourselves contrary to the Divine Law, and this is slow and definite suicide.

If we submit to the will of another, this too is slow suicide and contrary to the Divine Law.

The LAW IS!

It is the Doorway to Everlasting Life.

PEACE.



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