

# APPLIED META-PHYSICS:

FROM ET-ERNITY  
THROUGH TIME AND SPACE  
TO  
ET-ERNITY

A COLLECTION OF ESSAYS

THIS ESSAY:

Lenten Season 2022: Day 17

FOOD

(TO BE READ AUDIBLY)

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Lenten Season 2022: Day 17

## FOOD

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# APPLIED META-PHYSICS, THE SCIENCE OF BE-ING AND KNOWING

## ESSAY: FOOD

**Food:** Any substance that can be metabolized by an animal to give energy and build tissue

**Food:** Any solid substance (as opposed to liquid) that is used as a source of nourishment

**Food:** *Anything that provides mental stimulus for thinking.*

The dictionary definitions of Words are always derived from an intellectual perspective. Even though ‘Adam’ (representing the Neophyte initiated into the mysteries / infant humanity) was brought everything to see what he would call it.

Whatever he called it, that was and has been its name. We as ‘Adam’ are still in-venting and naming things, although the majority of our lives are governed by the meanings of the words, and vocabulary we have inherited.

In the previous essay we discussed how ‘Satan’ had set up his throne in the intellect, and how the hu-man family cannot have peace until we



overcome 'him' and liberate ourselves.

Right here is an essential point to understand, and that is that 'Satan's' dominion in our minds was established and sustained by the use of 'words', which the hu-man family were **fed in daily living for thousands of years.**

As each generation has accepted the meanings of words, their whole lives have been shaped by them... almost in an unquestioning manner.

YES, people have always questioned the reason for sickness, dis-ease, suffering and wars. They have questioned the forces which *impel* people to hate one another, kill one another and why disease and death are so widespread.

Yet, in their questioning they have formulated their science by analysing the world, by dissecting it, in order to find the cause of disease, suffering, hatred, and death etc.

Science has not found it, nor will all its material 'solutions' to counteract suffering, disease and death ever work, for the dark forces have long ago hijacked the intellect, corrupted the thinking, subverted the language, changed meanings, and sabotaged every and all attempts to comprehend, simply because it



would mean its own demise.

So, the real solution is to look for the Truth, and the Truth is that the 'Words' we have been fed as 'food for thought' are the poison, which tinctures the pure energy of life and sustains all division, sickness, dis-ease and death.

Indeed, this whole world system has been arranged around sustaining all these conditions, as I will show in this essay.

The real and essential purpose of food, is to supply the basic building blocks for the spirit-mind-body unity to manufacture health, using the built-in intelligence contained within each cell of the body... written into our DNA.

Our cells, and DNA can be likened to the BIOS on a computer. On a computer certain information is written at a BASE level, which is not impacted at all by the operating system.

To change the BIOS, one needs to enter into it, and edit it and save the changes then exit it. Thereafter the changes in the BIOS affect the running of the computer according to the edits made.

Computers represent an aspect of our consciousness. We too have a 'BIOS' only we call it 'BIAS', which is ingrained within us causing us



to *think in a certain way* and which impacts every thought... it affects our 'programming', the ideas growing within the garden of our mind. Through OUR BIAS, our thinking is coloured, and when we come to understand that the 'Satanic' consciousness has set up its throne in the intellect, then we understand why no permanent solution has yet been found, simply because the lower mind, (666) the Satanic or carnal consciousness within us, *is not interested in finding solutions because that means its own destruction, its own demise.*

*So, to perpetuate the deceit, the Race Thought Atmosphere via the Satanic consciousness, infects each person, then sets them against one another, to keep them on the plane of the lower mind, in a wrestling match, where people are deceived that the person they see is 'the enemy' to be fought, without realising that the real enemy is **the idea that the person is the enemy**, and the 'Satan' (self-perpetuating dark psychic forces) in one person refuses to acknowledge the 'Satan' in the other so the situation is perpetuated ad infinitum.*

The infection is through using words whose



meanings have been changed, or, which have been specifically coined to sustain the division and the enslavement, and which do sustain the division the hu-man family has experienced for thousands of years.

When we understand that the base infection is words, we have the solution: the Words imparted to us via our own higher mind, *directly from the I AM within*, and as we are guided by the intuition/Intuitively Wise (999) mind, and being led into a greater realisation of our own Spiritual blueprint; The Conqueror, 1,000, the full revelation and power of the LIGHT within us: Christ.

*Christ* is the essence of LIFE, it is not the surname of Jesus as my surname is 'Serva Dei'. The names of the characters are teaching us, they are *food for thought* specifically designed to nourish us, to strengthen us, as we go through the various stages of Spiritual evolution, on our way to liberating ourselves from the dark forces living within us, and attaining to the Power of the Truth which sets us free.

Once the mind, the intellect, is trapped by the dark forces, then everything else follows and that is why it is said that 'Satan' is the ruler of



this world. ‘He’ is because he has hijacked the intellects of those who assume leadership and he has seduced them with greed and lust for sex and lust for power, and they have drunk and gotten drunk and they do not know how to liberate themselves. They do not even realise they are not living their own lives such is the degree of the cleverness, which has hijacked and enslaved them.

*“For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places”.*

The ‘high places’ is the intellect, which once Satan hijacks a person’s mind (usually at a very early age), sets them on course to ‘get to the top’ and this is what Jesus (I AM) resisted when he was “shown all the kingdoms of the world” and told that if he would bow down and worship Satan, i.e. that is serve the intellect alone and turn his back on the emotional and bodily needs of the WHOLE BODY, then *for a while, he could rule.*

The result of serving the intellect alone, is continued death.

Jesus (our I AM) does not have the scales over our eyes, which blinds us to the Truth of our





unity. When we refuse, and turn our attention inwards and listen for the voice of Spirit, it speaks in many different ways and guides our lives. The Spirit is always 'talking' always *feeding us with the necessary inspiration, if we will listen.*

Many people hear, yet do not speak or act...simply because in their arena of activity, the Race Thought Atmosphere seems overwhelming, so each feels alone.

The reality is, the I AM within every person is always seeking a way to connect with the I AM in our brothers and sisters, and do what is necessary to uplift the whole hu-man family.

What prevents people from expressing their highest ideals, which emit from the blue-print of being, is the corruption of language, which produces the lack of vocabulary necessary to create better conditions.

This whole world is formed from WORDS. We speak and form everything.

When our words are divisive, we appear divided. If we are deceived by the appearance, then we act according to what we perceive.



The 'food' of the corrupt word has corrupted our nature. AND the 'intelligence' in our own minds is working against us.

So: *"Be ye transformed by the renewing of your mind"*.

In a corrupt state our corrupt words produce corrupt behaviour. Then our motives are corrupted, then our choices, and we become entangled within ourselves, in our lower mind, struggling against other minds and this has sustained all the suffering and disease in history.

When we do not have the right food for thought, we do not choose the right food to build the body-temple, then we no longer live in vigorous health, and as that deteriorates our behaviour deteriorates so, the seeds ideas of division, hatred, greed, fear, lust for power, sex-lust, all these dominate thinking and cause degeneration.

Degeneration and division lead to fights, fights lead to the 'need' for 'policing' 'policing' is integrated with a whole satanic system, which deceives the whole hu-man family into sus-

taining a corrupt mentality, which sustains sickness, dis-ease and death.

When we correct our Words, and drink them directly from the Fount of Being within us, they inspire us. As we put on the incorruptible Spirit, which is our blueprint, we no more get sick, we overcome suffering, and then division, no more division, no more fighting, no more fighting no more police, no more police, no more lawyers, no more lawyers, no more judges and courtrooms, and no more prisons.

The reality is that the Satanic consciousness has deceived through its demonic use of words, and the temptation of filthy lucre, (the desire for lots of money) the whole human family into sustaining division instead of looking to the real cause; the hi-jacked intellect, and then meditating and praying to liberate it.

Through meditation, prayer and reading the script-yours, we dissolve the old thinking and allow the Truth of the Spiritual body within us to be expressed, and in this way, we free ourselves.

FOOD is everything we think, speak, eat,



drink, do and experience. We process the food and determine what is nourishing for us, we digest the food, we break it down into its component parts... our system uses the components to build, rebuild and regenerate our body temple.

Our body is the temple of the Ever-Living God, and our own Spiritual body is the Real foundation of 'food' and as we acknowledge its presence and power in our lives, that presence and power radiates through us, purging the old thoughts, words and deeds from consciousness, from our body, and this is the ongoing process of ReGeneration we are all participating in.

When Jesus says "I have food to eat ye know not of", He is referring to the food for thought, which increases in consciousness, like yeast leavens bread, until the whole consciousness is purged of ideas of division, sickness, dis-ease and death.

To guide us in the Way, we all have the LIGHT within, which vibrates through us. This LIGHT is the "food to eat" the carnal mind knows nothing about, yet, which is absolutely essential for each of us to eat to overcome it.



**Applied Meta-Physics** is the oldest Science in existence. It is the study of who we are and why we are here.

It is sometimes called 'The Science of Making the Ideal Real', because it identifies in concrete terms the abstract workings of the mind, and teaches the steps every eternal idea passes through in transition from the plane of the eternal spiritual world, to become manifest on the earth plane.

The sacred writings we have inherited are metaphysical in nature. This means they have been written through the inspiration of the Paraclete using words, which have varied meanings, interpreted accordingly, depending on which level of consciousness the reader has achieved.

The *art* of Applied Meta-Physics is to 'conceal, to reveal'. The Wisdom the writers concealed protects it from those who would destroy the writings, *and therefore destroy themselves*, until a time when the human family matured and awakened and realised its need.

The scriptures are like an offer to an addict deep in the throes of ad-diction, rejecting what they really need most, and lashing out, because they have lost control of their own minds. In the height of the loss of control the addict attacks those seeking to help them and would destroy them.



The parables, analogies, codes and koans in the Helios Biblia have preserved these writings, as the power of the Word concealed within them has worked in the hu-man consciousness to do exactly that.

**Applied Meta-Physics is the Key** opening the way to comprehending their riches and applying the Wisdom revealed in one's life and proving the truth thereof.

There is a simple fact of life:

We are all created equal, in that we are all the offspring of God, and we form our lives by the thoughts, words, deeds we think, speak and do. The equality is that the Divine Law is no respecter of personalities.

We are all held responsible for everything we do, and our body either regenerates or degenerates according to the motives of our hearts. If we seek to rule others, we are using the life we have been given to express ourselves contrary to the Divine Law, and this is slow and definite suicide.

If we submit to the will of another, this too is slow suicide and contrary to the Divine Law.

The LAW IS!

It is the Doorway to Everlasting Life.

PEACE.

