

APPLIED META-PHYSICS:

FROM ET-ERNITY
THROUGH TIME AND SPACE
TO
ET-ERNITY

A COLLECTION OF ESSAYS

THIS ESSAY:

Lenten Season 2022: Day 21
SOWING AND REAPING

(TO BE READ AUDIBLY)

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Lenten Season 2022: Day 21

SOWING AND REAPING

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APPLIED META-PHYSICS, THE SCIENCE OF BE-ING AND KNOWING

ESSAY: SOWING AND REAPING

“Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.

For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting”.

When we are born, we are born into a world where the generations previous to us have, by their thoughts, words and deeds, set the stage for our lives.

We grow up on their stage.

As we are ‘educated’, the ‘curriculum’ they use is the fruit of their thinking, which they inherited, or conceptualised as a hybrid of the concepts already bearing fruit.

Looking back, we can see that as the mists of time have cleared, this world is shaped by the *choices* of those who went before us.

Their choices of the fruit of all our ancestor’s



thinking and speaking, along with our own concepts, shapes the world today.

The power which produces the fruit of these thoughts is the Spirit, the mind, and as we learn more about the Spirit, and the mind which directs spirit in thought-word and deed, on this plane, we grow wise and can make better choices and realise the fullness of the gift of life.

A reminder: we are not breathing, the Divine is breathing through us. We can take conscious control of the breathing, and increase its rate to improve the performance of this body-temple.

Many people, especially sportsmen and women, focus on using the breath to increase performance. Those who dedicate themselves to a Spiritual path and live in temples also demonstrate hugely improved performance, by using the breath *and the thoughts in synergy*.

I also speak from experience, having healed myself of various conditions, which the medical profession considers life threatening, by using breathing techniques, fasting and men-



tal thought discipline, as well as continual meditation and physical exercise to transform my whole existence.

I can say, with all sincerity, that although I still have certain states of mind (and therefore body) to transform, I AM not the same person I was a few years ago. I AM certainly not the same person as I was thirty or thirty five years ago, and I AM not the same person I was yesterday!

The more I live, the more I learn how to live, and I invoke the Spirit every single day, and open myself to its influences, and so I know by the power and beauty it has revealed to me, that what I share is true.

‘Truth’ means: for everyone. It means the revelation of Wisdom, which when received, understood and lived, produces the exact same results every time.

This is also the definition of ‘science’ of observing and producing results, only science is bound by the five senses, and the higher science of Religion, is carried out through awakening the higher faculties of the mind, which



connect us to the cosmos consciously. We are not 'in this world' as many think... This world, our 'environ-ment' is the projection of the state of mind, the level of maturity we, the human family have reached.

Our experiences are determined by that which we focus on. So, this is the very definition of the Living Law of sowing and reaping.

A scientific 'experiment' is an open ended practice, where any number of 'results' can manifest, depending on the ingredients, the method, the time allowed to dissipate, *and the consciousness and expectations of the person or persons doing the experiment.*

What 'science' really is, is observing the Divine Law of Sowing and Reaping, though it is not recognising ALL the components of the experiment and so results are variable, because the thinking is variable.

Yesterday I discussed the word 'ment' and that it means 'mind', as in 'government' is 'steering the mind' and 'environment' is the space we live in furnished with the mind, I.E. with its thoughts.



So, an 'experiment' is the 'ex'-the pressing out, 'per'-of the units of thought—'ment' of the mind.

This is the essence of ALL scientific 'experimentation', and this is why the results differ so widely from person to person, because every person is 'per-sona', a unit of sound and light active through intelligence, expressed through THOUGHTS.

This is what YOU ARE, what I AM. We are a living breathing UNIT OF SOUND AND LIGHT governed (steered) by a power centre called the Solar Plexus, which is our INNER SUN, which is a transducer constantly drawing on the omnipresent God, in which we live move and have our being, and converts Spirit into Life and Intelligence. The Latin is Respirare, 'breath' and the Spire on a church is teaching us TO BREATH CONSCIOUSLY and shape IT, the omnipresent SPIR-IT (Breath of God).

In-tell-I-agency. Spirit is the essence containing all intelligence, Wisdom, Love and Power to Live, and according to how our minds convert it and shape it, the results are made manifest.



We think, we speak, we form thoughts, we experience the fruit of these thoughts. We experience pleasure, we experience pain, we experience joy, depression, health, dis-ease. Everything is the fruit of thought and our lives are the experience of those thoughts.

What we sow on the inner, in our own minds, we reap in behaviour and experiences.

“I want to win the lotto” says the man who objects to being taught the power of the spoken Word, because he has been buying tickets and desiring to win for years and has never won a ‘jackpot’.

He uses that example and reveals his desires, and because his desires are selfish and out of alignment with the Divine Law at work within him, producing the fruit of his whole life’s thinking, he thinks words are much less powerful than they are.

When I introduce people to Applied Metaphysics and the POWER of the Spoken Word, we are invariably sitting at a table and they’ve come to me for advice and I will ask them to pick up an item on the table and hand it to me.



Often they are confused, because the item is easily within my reach! Yet, after a moment's consideration, which is visibly registered, they decide there's no harm in my request and they pass the item.

I then explain that with a simple request, I got them to stop thinking, think about something else, then change their behaviour and pass me the item. *For a short minute, in a harmless way, I controlled the direction of their life.*

NONE of these things were in their minds a minute ago. It is through the Power of the Word that we govern or steer our whole lives and each others. The Words we choose are the fruit of thinking and the thinking is the fruit of the formative thought plants, which were seeded into our minds growing up.

This collection of thoughts, growing in the garden of mind SHAPE our persona, our personality, and when we understand the process, which made us who we are at any given point, we can use the exact same process to transform ourselves.

IF we say "I can't" then we are right. If we say



“I can” then we are right. Whatever we decide to grow in the garden of mind, we will reap, this is the Divine and inescapable Law, which produces the activity we call:

LIFE.

So, now we can draw closer to logical answers to the question on everyone’s lips:

What is Life: Life is everyone of us, going around in our own way seeking the answer to the question “What is Life?” *This produces all the world’s activity and the events of our lives each day.*

Life is an omnipresent principle sustaining animation via the bodies built to express principle producing results, according to our thinking. Life is the power, which produces via the Living Law the fruits of our thoughts.

Life is sustained in the body, which is the image of the principles of the Divine Law made visible, animated by the River of Living water, which flows from DEEP within us, animating us. Life flows into us, as we align ourselves with the Living Law, and diminishes if or when we violate it.

The meaning of Life: To seek the best way to use this gift of life for our individual and collective benefit. As each day unfolds we grow wise as to how we have used the gift of life in the past, and how we can receive an increase in Wisdom to live in the NOW.

The growth of Life: Is from personal selfishness and death, into Universal family hood and everlasting Life. We are either consciously ReGenerating, or just barely alive, degenerating. In this realisation we can make everything better for everyone by choosing our thoughts wisely and realising our body is our own living record, our own Book of LIFE. .

The workings of Life: To teach us our own nature, and the principle of absolute self-responsibility and self-control, so we discover the Laws written within us, which govern us, teaching us how to unfold our wise and loving essence and share our gifts with those around us. The AGAPE is consciously feeling our Spiritual family-hood which awaits everyone who transcends the lower 666 mind.

The process of life: To teach us how to express its gifts for our mutual benefit. To develop our faculties and powers to attain self-control and peace of mind.

The suffering of life: Is purifying our consciousness of all ideas, which cause us harm.



We shall attain to everlasting Life, when we have purged our consciousness of the ignorance and wilfulness from all desire to create suffering, dis-ease and death.

Life takes shape: Through us, passing through our preconceived ideas and our bondage to habit, tradition, and stagnant thoughts, as well as the inspiration we receive each day to form the events of our lives, as water feeds trees and they bear fruit. The inspiration we draw on, is to improve the loving kindness and the quality of our thoughts to ReGenerate the landscape of our inner garden and that of the world, our 'environ-ment'.

We form life: With our thoughts, words and deeds as we make choices as we go about our daily business. Consciousness is a Garden, where we experience the events of daily life as the fruit of seed ideas we hold in mind. As we live each day we recognise the destructive elements and seek to uproot them from the garden of mind. Death is a seed idea planted into the Race Thought Atmosphere which we are to uproot and dissolve. As we live and sow words of Wisdom and Love, into our minds, so do we LIVE.

Applied Meta-Physics is the oldest Science in existence. It is the study of who we are and why we are here.

It is sometimes called 'The Science of Making the Ideal Real', because it identifies in concrete terms the abstract workings of the mind, and teaches the steps every eternal idea passes through in transition from the plane of the eternal spiritual world, to become manifest on the earth plane.

The sacred writings we have inherited are metaphysical in nature. This means they have been written through the inspiration of the Paraclete using words, which have varied meanings, interpreted accordingly, depending on which level of consciousness the reader has achieved.

The *art* of Applied Meta-Physics is to 'conceal, to reveal'. The Wisdom the writers concealed protects it from those who would destroy the writings, *and therefore destroy themselves*, until a time when the human family matured and awakened and realised its need.

The scriptures are like an offer to an addict deep in the throes of ad-diction, rejecting what they really need most, and lashing out, because they have lost control of their own minds. In the height of the loss of control the addict attacks those seeking to help them and would destroy them.



The parables, analogies, codes and koans in the Helios Biblia have preserved these writings, as the power of the Word concealed within them has worked in the hu-man consciousness to do exactly that.

Applied Meta-Physics is the Key opening the way to comprehending their riches and applying the Wisdom revealed in one's life and proving the truth thereof.

There is a simple fact of life:

We are all created equal, in that we are all the offspring of God, and we form our lives by the thoughts, words, deeds we think, speak and do. The equality is that the Divine Law is no respecter of personalities.

We are all held responsible for everything we do, and our body either regenerates or degenerates according to the motives of our hearts. If we seek to rule others, we are using the life we have been given to express ourselves contrary to the Divine Law, and this is slow and definite suicide.

If we submit to the will of another, this too is slow suicide and contrary to the Divine Law.

The LAW IS!

It is the Doorway to Everlasting Life.

PEACE.

