

APPLIED META-PHYSICS:

FROM ET-ERNITY
THROUGH TIME AND SPACE
TO
ET-ERNITY

A COLLECTION OF ESSAYS

THIS ESSAY:

Lenten Season 2022: Day 29

BALANCE

(TO BE READ AUDIBLY)

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2022



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Approximately:
14 min read.



SilverBird Electronic Publications
2021

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APPLIED META-PHYSICS, THE SCIENCE OF BE-ING AND KNOWING

ESSAY: BALANCE

We have a natural body, and we have a spiritual body. Depending on the school of thought, these bodies are further analysed and their component parts identified.

From the most ancient times, the human family has identified the cosmos and the body as a 'pairing', that is "As above, so below".

Each part of the cosmos contains a 'sign' and each culture identifies the signs and their correspondences to the body. The most obvious set of signs in the Western world is the Zodiac.

Each sign of the Zodiac was further paired with a part of the body.

For thousands of years people studied the relationship between the cosmos and human behaviour. There are, in various libraries whole volumes of teachings, which analyse the various scriptures, of each culture seeking to prise open the deeper meanings of their own culture's teachings regarding the world we live in.



The important thing to remember, that while we have inherited many teachings, they are all the result of investigating the ONE COSMOS.

All the names for all the 'Gods' are cultural interpretations of the world we live in and to varying degrees they teach what their authors had discovered, or inherited as truth.

In this light, it should be absolutely clear that there are not different religions, there are different perspectives of the one cosmos.

Included in the adage "as above so below", is the adage "as within, so without"... and what this means is that we each embody all the powers of the cosmos.

Our consciousness is a door, swinging into this world and out into the cosmos.

We live in the 'Heaven' of the cosmos and the Earth of this World, and as we are 'the door' between these two poles of existence, we need to learn how to create a balance so we have peace of mind.

We need to nourish ourselves Spiritually as well as Physically. We require spiritual culture as well as body culture, we require intellectual illumination, as well as emotional intelligence. To be happy, we need to be balanced.



To be balanced, we need to be able to quantify what it is we are measuring on the scales. The sign of the Zodiac representing balance is Libra. In ancient Egyptian times, when a person died, their heart was weighed on a scale compared to a feather. The intellectual (and incomplete) interpretation is:

“The ancient Egyptians believed that the heart recorded all of the good and bad deeds of a person's life, and was needed for judgment in the afterlife. After a person died, the heart was weighed against the feather of Maat (goddess of truth and justice).”

A more accurate meta-physical interpretation is that the Feather is ‘light’ and represents Spirit, illumination, emotional intelligence. I.E. was the person balanced? ***The ritual was for the living, it did not help the dead in any way!***

The ritual was to encourage those still living to become better people. The meaning is much deeper, yet, this is sufficient as an example for our discussion on balance.

In another metaphysical story warning us about imbalance, there is the story of the King Belshazzar, the last King of Babylon. Babylon represents confusion, and indicates that as we

do the mental gymnastics required to balance ourselves, the confusion of life is replaced with clarity.

When we lose balance between the inner and the outer, and we give precedence to the outer, to the enjoyment of life and disregard our spiritual culture, we grow weaker, we grow less capable of living, then confusion, suffering and sickness set in.

It is then, the carnal mind seeks a carnal solution to the suffering it has caused through its own nature. Yet, the carnal 'solution' is always 'material' and often 'medical'. We cannot medicate our feelings away, we cannot numb ourselves further and expect to be healthy and happy.

It is not possible, because we have ignored the Spiritual culture, which is essential to create the balance of receiving Spiritual power, that is, our source of Life and expressing it.

Wherever the material / carnal mind is given precedence, suffering follows. The writing is on the wall.

“Mene, mene, tekel, upharsin!” The divine Law has weighed and measured our thinking and behaviour and because it has found our spir-

itual cultivation lacking, then the days of that frame of consciousness are numbered. That carnal 'Kingdom' must end. We either recognise this process and work with it, or we suffer.

Yet, even the suffering is GOOD! It is designed to awaken us to a deeper issue. When the oil light goes on in your car, you do not put gum over it to hide the warning, you go to the garage or the boot of your car and you top up the oil, (understanding/light) and this averts damage.

IF we take a 'pain killer' we are putting gum over the warning light of our consciousness, where the real solution is to stop doing what we are doing which is causing the issue.

In our body, if we are eating too much of anything, then there will be a warning... we either heed the warning and restore balance or we pay the price.

OUR Spirit-mind-body-unity is constantly working to maintain balance, where we have it, and restore it where we have lost it.

WE each need to be aware of this every day and ask what spiritual food as well as food and drink we need to consume to maintain and or



restore the balance.

If we ignore Spiritual nourishment, then we are weakened in the world and those who feel stronger will rule over us. The **ONLY** way for every individual to be happy, free and independent and for us all to mature to the point where Truth governs our lives instead of politics, is for every person to attain to the self-knowledge necessary, and to restore and maintain balance every day.

Our body is our Book of Life, our living record, constantly changing as we eat and drink spiritual as well as ‘material’ food and beverages. When we change our thinking, when we recognise both our spiritual nature and our material nature, and do what is necessary to create balance, then our energy flows more powerfully through our organ-ism producing what is called: Happiness.

Someone asked me if I could get a clear message to everyone on earth, what would it be. I answered that I’d remind every person that our body is our **Book of Life**, a living record of everything we think, say, do, eat, drink and experience. That every person is responsible for themselves and together we are interdependent—that the hu-man family, although it



largely does not realise this is ONE LIVING ORGANISM. ALL imbalance in evidence in the world today is due to the dis-ease of intellectualism, which is living through the intellect without listening to or with due respect for the emotional intelligence which is 90% of our consciousness. There is *no balance*.

The wars and the trouble in the world are the fruit of the Race Thought Atmosphere, which is saturated with the dark psychic forces of fallen desires, degenerate eggregores, destructive demons, and deceitful and divisive jinn, which have infected the human family setting each against his/her neighbour doing more damage than all the so called viruses and diseases in the world today.

It is these psychic forces, which control the whole world and sustain individual suffering, and the division which causes fear, greed and the hatred darkening this beautiful world. To restore balance, we must break the spell, which sustains the apparent division, which closes hearts and minds, and starts and maintains wars.

We break the spell by going within, by listening to our hearts, by seeking deeper than the poisonous emotions planted there, right into



the realm of treasure, where our highest ideals are waiting *our recognition and expression*.

When we tap into our highest ideals and begin to express them, we are reconnecting with our spiritual body and re-establishing balance.

We look and we project. We see the world and we share our concepts with the world. This world is formed by thoughts and every thought is magnified and is no respecter of persons.

Thoughts of violence, may 'kill the enemy out there', yet, they will also kill the person doing the killing. Simply because the idea of killing being a 'solution' is no respecter of persons and once let loose, must kill the person thinking that way.

Likewise kindness, when we recognise each other as offspring of God and are kind, we are also kind to ourselves, because kindness increases in us.

Those who kill, die.

Those who create violence, die by violence.

Those who are kind, experience kindness.

This is the Law, it is the ONLY LIVING LAW, of sowing and reaping, and ignoring it sustains the sleep of death, and in the sleep of death, is



ALL THE IMBALANCE AND INEQUITY of this world of appearances, this world of the carnal mind. This world with its darkened Race Thought Atmosphere, which has blinded the hu-man family preventing it from seeing and FEELING the Agape, the Universal Love, which confirms, that we are one family. Our task, nay, our duty, and our purpose is clear. To establish individual peace and social harmony and awaken out of the deep hypnotic sleep, which causes people to hate one another, to hoard wealth while others go hungry, we must totally dissolve the ideas in our minds, which sustain these conditions.

Commerce is an *in-vention* which *replicates* the principles of the Divine Economy at work *within our bodies*. When our blood pressure is steady, the blood flows and breathing is equitable and we build a strong body as long as we incorporate healthy ideas and food which is appropriate for energy, growth and repair.

When people ignore these principles, the body deteriorates, the thinking deteriorates, the awareness of the Spiritual power flowing between us is dissolved and this makes people feel lonely.

EIGHT BILLION people on earth and the vast



majority feel lonely because there's an imbalance where they pay more attention to the material world of appearances, than they do to nurturing their own Soul!

The feeling of loneliness and the propensity for violence is *evidence of spiritual poverty*. *The desire to make more 'laws' to overcome the feelings of fear and inadequacy, is a satanic deception, which has never and can never work, for an intellectual 'solution' can never overrule a God given feeling designed to guide our spiritual awakening. The satanic consciousness has captured the intellect, producing intellectualism, dividing the human family and deluding it with a set of values that are divisive and inequitable.*

WE restore balance by recognising and overcoming these ideas, by totally dissolving them from consciousness, so they "no more come to mind" and by experiencing the clarity that is the result... and as our Soul shines, so are we restored to balance, health, peace, happiness and prosperity.

When we as individuals achieve these things, then: "as within, so without."

As in our minds, so in our bodies. As above, so below: balance restored and maintained.



Applied Meta-Physics is the oldest Science in existence. It is the study of who we are and why we are here.

It is sometimes called 'The Science of Making the Ideal Real', because it identifies in concrete terms the abstract workings of the mind, and teaches the steps every eternal idea passes through in transition from the plane of the eternal spiritual world, to become manifest on the earth plane.

The sacred writings we have inherited are metaphysical in nature. This means they have been written through the inspiration of the Paraclete using words, which have varied meanings, interpreted accordingly, depending on which level of consciousness the reader has achieved.

The *art* of Applied Meta-Physics is to 'conceal, to reveal'. The Wisdom the writers concealed protects it from those who would destroy the writings, *and therefore destroy themselves*, until a time when the human family matured and awakened and realised its need.

The scriptures are like an offer to an addict deep in the throes of ad-diction, rejecting what they really need most, and lashing out, because they have lost control of their own minds. In the height of the loss of control the addict attacks those seeking to help them and would destroy them.



The parables, analogies, codes and koans in the Helios Biblia have preserved these writings, as the power of the Word concealed within them has worked in the hu-man consciousness to do exactly that.

Applied Meta-Physics is the Key opening the way to comprehending their riches and applying the Wisdom revealed in one's life and proving the truth thereof.

There is a simple fact of life:

We are all created equal, in that we are all the offspring of God, and we form our lives by the thoughts, words, deeds we think, speak and do. The equality is that the Divine Law is no respecter of personalities.

We are all held responsible for everything we do, and our body either regenerates or degenerates according to the motives of our hearts. If we seek to rule others, we are using the life we have been given to express ourselves contrary to the Divine Law, and this is slow and definite suicide.

If we submit to the will of another, this too is slow suicide and contrary to the Divine Law.

The LAW IS!

It is the Doorway to Everlasting Life.

PEACE.

