

APPLIED META-PHYSICS:

FROM ET-ERNITY
THROUGH TIME AND SPACE
TO
ET-ERNITY

A COLLECTION OF ESSAYS

THIS ESSAY:

Lenten Season 2022: Day 40

First things First

(TO BE READ AUDIBLY)

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APPLIED META-PHYSICS, THE SCIENCE OF BE-ING AND KNOWING

ESSAY: *First things First*

The title of this essay may appear unusual to use for the penultimate essay in our Lenten Season Series, yet it is really on point, as throughout the series the essays have shared a perspective, which, has the purpose of enabling the sincere seeker to go deeper within themselves, and understand the formative power of words as *the most powerful force on this plane of activity*, and to remain awake and aware, and learn how to consciously speak words every day from ***this day on***, which describe exactly the essence of each person's highest ideals, which, once spoken, and watered, *will bear their fruit in due season*.

First things First is a re-minder, that until you speak the word, you have not sown the seed on this plane, and there will be no fruit. As we are all (who are able) speaking each day, and every word is a seed, what is the *fruit* that we can expect for ourselves, as individuals, families, as communities, and the larger *body* of society as a whole, from the seed thought-words we



are all speaking and cultivating, either consciously or unconsciously every day?

WHEN we do the necessary work to ReGenerate our garden, we are totally transmuting the old ideas with the power of the Word, and we are sowing the seeds of our Highest Ideals into the World. These we draw from our heart, and life makes our motives evident through our experiences every day:

“By thy words ye shall be justified, by thy words ye shall be condemned”.

“The fool says in his heart there is no God” -

Yet, God is evidenced, even by the dullest intellectuals as GROWTH. The Law of Sowing and Reaping is a basic Law that even the most stiff-necked of intellectuals can comprehend and in doing so, *follow the logic and the science of growth, and be led right into the bosom of God, whose throne is their own heart. This is a process, whereby the emotional intelligence illumines the intellect, transforming it.*

The adepts and luminaries who wrote the script-yours, (long before the Helios Biblia was compiled) did so *as the fruit of their own spir-*



itual experiences. Likewise, with this series of essays, I have sought to convey the absolute incredible and indescribable beauty of the Spiritual Power flowing through me, that I have to share or die within myself.

ALL the script-yours have the purpose of remind-ing us, that we all have this inner beauty, and the only Way to find it, is to clear our Garden of Consciousness of ALL degenerate, harmful, violent, deceitful ideas, because not only are these living in us as parasites usurping our energy, they are exactly what prevents each person from *tasting God*.

God reveals the power of the Spirit to every person as they open themselves to the Spirit, and they seek through introspection, contemplation and meditation, the Wisdom and Love, which when attained, enables us to live a peaceful, joyful, hapi, and an harmonious life.

Having attained these things, we no longer look to the world 'to get rich', we have, by attaining to the *inner Fyre of God*, found the source of all riches, of all money, of all our highest ideals and ideas, and we can draw from it to meet ALL our needs. "*Seek first the kingdom and all else shall be added.*"



HOW this works is quite amazing, it may appear that we live in an ocean of miracles, yet, 'miracle' means 'I wonder' and those using the Divine Law, sowing and reaping the experiences, which enables them to manifest their highest ideals, leave onlookers wondering at what they did to achieve what they have achieved.

What they, and we, and **anyone** can do, is invoke the Spirit and speak the Word. *As we are all connected in the invisible realms, my intuition speaks out and all those who are seeking the same things and need my services come to me in response to their intuition guiding them.*

We have five main senses, we also have the intuitively wise mind, which is 999, and the inverse of 666. 666 is the lower mind, the carnal mind, and the cause of all division and the limitation of material consciousness, it is the source of sickness, dis-ease and death. 999 is the inverse, it is *evidence to the inner person that we are all ONE, and there is, always on the inner plane a multitude of communications going on, on the inner planes, exactly like the multitude of communications going on throughout the world and inside the human body to sustain Life and conscious voli-*



tion. The intuitively wise mind, being connected to every other intuitively wise mind opens the way to conscious telepathy. The invention which is analogous to telepathy is the modern 'smart phone'. Remember every invention is teaching us about a principle we all contain, which when we see it and understand it on this plane, we are to develop it within ourselves.

ALL the riches of the world and of the Kingdom of God are within every one of us, for those who have "eyes to see". The blueprint for every in-vention, is also within each of us.

Right now, a great many people are committing suicide because they are raping the world and each other, to acquire 'riches' and the world is experiencing a very unstable and watery state because of this fear and greed and violence and their foolish attempts to control nature... because they do not realise they're entrapped and hypnotised by the Race Thought Atmosphere, which also produces the thought-words sown into it. By becoming more conscious and teaching the ReGeneration, we overcome this and restore stability.

AFTER the 'great awakening' comes the *Great education*, where each is taught how to live in



alignment with the Divine and Living Law, and draw from her/his own storehouse ALL the riches of being, which have been hidden within us, since the foundation of the World! ***What a beautiful World is awaiting to be expressed through each of us!*** NOW it is essential, every living person understands the *living power* of the Spoken Word, and sounds the depths of being, and drawing up the energy from the Life centre in the Generative organs, and charging their Words with power.

How are people committing suicide? You may have noticed that when a child reaches puberty, their *voice changes*, as their bio-chemistry alters as they are maturing into fully fledged human beings. Right here is where the *lusts of the flesh* hijack the vast majority, because we *have never been taught* about the *real importance of sex*, and *how to use the generative organs correctly to produce more power*. So *the lusts of the flesh*, which means *the flesh draws the power generated, which is correctly to be used to ReGenerate and heal the body, and wastes it, thereby denying the individual the bliss to be experienced when the life force is retained in the body and directed inwards and upwards to feed the brain the necessary*



energy to open dormant centres, which are necessary to handle the greater Spiritual forces.

In the Helios Biblia, *Samson* represents the neophyte (each of us) on the journey to Self-mastery, and *Delilah* represents the lower sensual 333 mind, subject to the carnal 666 mind, and she summons the Philistines, who represent *materialistic and sensual thinking, who cut Samson's hair and gouge out his eyes.*

ALL this is a parable—we are each Samson, participating in the ReGeneration, seduced by the Race Thought Atmosphere and its value system, and as a result, wasting our energy in seeking to attain worldly ‘riches’ and having our eyes “gouged out”, meaning we have become *blind to God's presence within and all around us, and the cutting of the hair represents being deprived of **vitality**.*

We have *not been taught* that when we conserve our energy and learn how to direct it, we experience a bliss, which *fulfils* us. Instead, we are ‘emptied’ through the process of indoctrination in schools, and then seduced by the world and its value system and lusts, then we are *empty* and the *only thing*, which **can** save



us is when we *save our energy and stop feeding degenerate ideas*. and direct it to transmute destructive seed ideas, and cultivate our highest ideals, which are secreted away in every heart.

This I call “Gardening of the Mind” and the word ‘meditation’ in Sanskrit, means ‘to care’, and what are we doing when we cultivate the garden outside our homes? **WE ARE CARING FOR THEM.**

LIKEWISE, when we sift through our thoughts, and identify the thoughts, which do not produce good fruit, we dissolve them with the power of the *Spoken Word*, and once degenerate ideas are dissolved the energy we have saved, *saves us*.

“I come that ye may have life, and have IT abundantly.” - Jesus (I AM)

We cannot use energy, then use it again! Once we use money to buy an object, we cannot use the same money to buy another object! (Yes, some try!!!) Once we have, through the natural process of life, eating, sleeping, resting, playing, topped up, and used energy, we must top it up again.



In the Script-yours, we are being directed to a greater source of energy, *which cannot ever be depleted*, yet, before it can flow into us, we have to provide the foundation within us, and open the inner door, through which it can flow. To increase our voltage, we have to first increase our strength.

WE have to prove ourselves worthy in *small things*, then the greater gifts of the Spirit are revealed to us. The *lusts of the flesh* arise from ideas. From ideas of loneliness, from seeking to deal with trauma, seeking stress release, seeking entertainment, yet, all these activities, and many more deplete us, they deprive the nerves of vital food, which they need to grow to full capacity to convey the *higher voltage of the Spirit*, which inspires us, turns on the Light of natural Genius, and increases the amounts of Wisdom and Love flowing through us, flowering into great beauty.

WE ALL know innately that Life is a wonderful gift, even when we experience great hardships. The whole hu-man family have questioned war, and peace, and why we have never achieved great and lasting peace—and the reason is that the earth *has been* blanketed in dark psychic forces, out of which a great many



are awakening, and as each does, the Light of the World increases, and we transmute all the dark forces and liberate ourselves from them permanently.

The script-yours make a number of promises, and it is because of these promises that intellectuals claim there is no truth to Religion because these promises have not *yet* materialised. Yet their 'science' is severely limited and biased, because their minds are as *Samson*, they have not the vitality required to perceive the World at Large and its Spiritual blueprint, and their emotionally intelligent 'eyes' have been gouged out by their own focus on material concepts. The day they turn their attention towards their own emotional intelligence, and start to see the teachings for what they are: ***the embodiment of wisdom reduced to ideas, presented as riddles and parables, to be solved***, they will learn the truth about their own nature. Right now, 'science' is biased materialistically, and is being used to fulfil an agenda, and this too is suicide for all the reasons I have mentioned above.

Applied Meta-Physics is the Science of Being and Knowing, sometimes called the *Science of Making the Ideal, Real*, and is the oldest Sci-



ence in existence. When we look at the underlying ideas of everything around us, and understand ALL is governed by a Living and Divine Law, which operates on a time scale commensurate with the degree of consciousness of those calling it into activity, we will have attained the necessary Wisdom and Love to be able to live hapi- and fulfilling lives. You may remember from a previous essay that Happiness derives from the god of the Nile 'Hapi' who caused the Nile to overflow once a year and flood the plains with silt and minerals and therefore enrich the ground, which then produced the best quality of wheat in the world at that time.

THIS TOO is an analogy, when we are Hapi, we are spilling our riches, taken from the storehouse ***of our own Hearts*** and we are sharing them with the world—*for the enrichment of all*. The present Race Thought Atmosphere is like a dying gangster, in his death bed, all dressed up in his regalia (laws and values) knowing he is drawing his last breaths and is shouting out orders so his last moments are worthwhile to *him*, as he pretends he is not dying. This present Race Thought Atmosphere is constantly being transmuted, as more and more people go within and find the Light of



the Heart and it overflows into the World, exactly the same way the Nile overflowed. Like the Nile, those who have consciousness of the LIGHT share it, so the whole is raised. As we raise the whole, the whole benefits. There is no division in Spirit. What I do for 'others' I do to myself. We are all cells of the one body. What you do for others is in turn written into your body, as your Book of Life... So, these are the ***First things First***, we all need to bear in mind: We have an unlimited storehouse of riches, of ideas, of concepts, of thought-words, which *have the power to totally transform this world of appearances so it duplicates the blueprint of the Spiritual World. God's will is the Law. When we are in alignment with the Law is Light shines within us. It increases with every breath. In Scotland, where I was born, the LUNGS are called: LIGHTS. ...and this is not just because they are lighter than the other organs, it is an esoteric reference to the fact that Jehovah is an onomatopoeia for our breath, and that when we breathe and marry our breath to our highest ideals, we are by the Light of God building the body "temple not built with hands".*

"Let this mind be in you, which raised Christ Jesus (I AM, the Light of the World) from the dead."



Applied Meta-Physics is the oldest Science in existence. It is the study of who we are and why we are here.

It is sometimes called 'The Science of Making the Ideal Real', because it identifies in concrete terms the abstract workings of the mind, and teaches the steps every eternal idea passes through in transition from the plane of the eternal spiritual world, to become manifest on the earth plane.

The sacred writings we have inherited are metaphysical in nature. This means they have been written through the inspiration of the Paraclete using words, which have varied meanings, interpreted accordingly, depending on which level of consciousness the reader has achieved.

The *art* of Applied Meta-Physics is to 'conceal, to reveal'. The Wisdom the writers concealed protects it from those who would destroy the writings, *and therefore destroy themselves*, until a time when the human family matured and awakened and realised its need.

The scriptures are like an offer to an addict deep in the throes of ad-diction, rejecting what they really need most, and lashing out, because they have lost control of their own minds. In the height of the loss of control the addict attacks those seeking to help them and would destroy them.



The parables, analogies, codes and koans in the Helios Biblia have preserved these writings, as the power of the Word concealed within them has worked in the hu-man consciousness to do exactly that.

Applied Meta-Physics is the Key opening the way to comprehending their riches and applying the Wisdom revealed in one's life and proving the truth thereof.

There is a simple fact of life:

We are all created equal, in that we are all the offspring of God, and we form our lives by the thoughts, words, deeds we think, speak and do. The equality is that the Divine Law is no respecter of personalities.

We are all held responsible for everything we do, and our body either regenerates or degenerates according to the motives of our hearts. If we seek to rule others, we are using the life we have been given to express ourselves contrary to the Divine Law, and this is slow and definite suicide.

If we submit to the will of another, this too is slow suicide and contrary to the Divine Law.

The LAW IS!

It is the Doorway to Everlasting Life.

PEACE.

