

APPLIED META-PHYSICS:

FROM ET-ERNITY
THROUGH TIME AND SPACE
TO
ET-ERNITY

A COLLECTION OF ESSAYS

THIS ESSAY:

Lenten Season 2022

First Sunday: Awareness

(TO BE READ AUDIBLY)

WRITTEN & PRESENTED BY:
Stephen J. Serva Dei
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His disciples said:

*Show us the Place where you are,
because it is necessary for us to seek
after it.*

He said to them:

He who has ears, let him hear;

*There is light
at the centre of a man of light,
and he illumines the whole world.*

If he does not shine,

there is darkness.

—Logian 24
Gospel of Thomas

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Approximately:
12 min read.



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APPLIED META-PHYSICS, THE
SCIENCE OF BE-ING AND
KNOWING

ESSAY: AWARENESS

The WAY to realise the Kingdom is through understanding and our understanding is developed through *awareness*. Understanding is a faculty of the mind, comprised of a collection of mental attributes, and can be likened to the sun in the sky.

When the sun shines, we can see the arrangement of everything on earth; we have *light*. The rays of the sun are many, likewise the many qualities we are to develop on the way to attaining clear understanding and *Self-control*.

Self-control is equivalent to the Kingdom, because Self-control is of the higher 888 mind, and this



plane of consciousness is *the light*.

When we are aware, acutely aware of ourselves and our actions, we have taken a big step towards understanding ourselves and gaining the necessary control for *freedom of expression*.

ALL of living is expression, from the unseen Spiritual Self, into the world of appearances.

Sunday is not only analogous to the sun in the sky, it is named after it... all the days are named after the planets, *as an indicator of the influences each has in our lives*.

The Egyptian sun God is called 'Ra', and not only indicates the sun in the sky, it also refers to the sun centre within us; our *solar* plexus, which radiates light and power continually, and this increases as we mature into a



greater awareness and understanding of how to align ourselves with it.

Whoever thinks the planets and stars do not influence our lives can go to the beach on a rainy day and see it empty, then go to the beach when the sun is shining brightly, and see how many people have been *influenced* to go there, take their clothes off and catch some sun!

The effects of the other more distant stars and planets are less noticeable and have been the subject of study for thousands of years. Yet, each of the closest planets has a day named after it. Some adepts who study this topic in great detail, are very accurate with their readings and interpretations of these influences.

The *awareness* of our unity with the cosmos is the effect of the



evolution of consciousness and of our *awareness* of the cosmic forces, each of which have their centres of actions (the Kingdom of the Heavens) within every one of us.

An important factor is that *influence* is just that, the inflow of energy which *may* affect thinking and action. When we are *aware*, we need not be unduly influenced. The whole cosmos is an operating harmony, when we are in alignment with it, we too, experience harmony in our daily lives.

Likewise in daily events. Everything we experience in life is the fruit of seed ideas in our consciousness, being made manifest under the auspices of the Divine Law... this means that our lives are composed of the ideas living within us, and the Divine Law, (the living Law of Motives), mon-



itors our motives and forms the events of our lives so that we *each learn the best lesson in the best way.*

Our work is to be *aware* of the events of our lives, of the people we meet, of the conversations we have, of the influences of the Spirit working through everything, in order to teach us every day.

Our priority should be to:

“...seek ye first the Kingdom of God and His righteousness and all these things shall be added unto you”.

The Kingdom of God is the Spiritual body within you, which is the nucleus of all the potential *good* that you are seeking in your life.

Unfortunately, many of the politicians posing as ‘churchmen’ have succumbed to the lure of



mammon, and worldly power (so called), and turned many away from the real benefits to be gained through a true understanding of the meaning and purpose of *religion; reli-gare, being bound to God.*

This too, every person needs to be aware of. A teacher, such as Jesus, teaches *everything* necessary to make himself obsolete. Likewise any good teacher in any craft. Their greatest joy is to see their students become *totally independent.*

It took Jesus' disciples time, yet, when they were ready, they went into the world fearlessly, charged with Spiritual power and proclaimed *and demonstrated* the teaching.

They could only do this *after* the teaching had matured within them. After they had reached a



certain level of *understanding* and *awareness* of the *omnipresent* God, and they were able to invoke the power of the Spirit to confirm the truth of what they were teaching.

Were they not able to *demonstrate* their teaching *in power*, they would have just been another ‘political’ faction adding more noise to the Race Thought Atmosphere.

The very fact they were all *transformed* and had become *aware* of the presence of God, *within them*, and *all around us*, empowered them to do what they were able to do.

“Most assuredly, I say to you, he who believes in Me, the works that I do he will do also; and greater works than these he will do, because I go to My Father”.

Of course, the politicians in government and those in ‘religion’



are not interested in your development. They've been deceived, and seek to live off you, promising that "tomorrow will be better..." in some way, and denying the reality of the Spiritual power locked within every human being: the of God Kingdom within.

Always these people have conjured up an alternative 'interpretation' because they have not discovered the Kingdom within themselves, and are loathe that you do, lest they lose control over you.

"Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee light"...

"That was the true Light, which lighteth every man that cometh into the world".

The light we are to increase awareness of is within us, and express as it enables us to gain more Self-control, the result of



maturing in *Spiritual consciousness: greater awareness.*

I have stated for a number of decades “That if ‘religion’ does not solve **all** our ‘problems’ then of what use is it?”

Decades of study and meditation and Spiritual experiences have taught me that life is a gift, and every aspect of life is also a gift, and when we align ourselves with Spiritual awareness the nature of each gift is revealed, and we learn how to use it.

Someone may ask, “what of the ‘beggar’, how is his life a ‘gift’?” and I respond, “it is a gift to us all, and the beggar, for it is an opportunity for us all to extend the agape of brotherly love and help, and it is a gift to the beggar who is reaping the fruit of previous thinking and being taught what to do to change his thinking



and circumstances”.

*The whole of life is a gift, and every event is specifically designed to awaken each of us. Make us more aware, enable us to realise that all existence is governed by the *Divine and Living Law*, and it is working constantly to make us *aware* of its activity in our lives, so we may align with it, and heal **individually and collectively**.*

“Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid”.

—Jesus (I AM)

When Jesus speaks these words he is elevating the listener to a higher state of consciousness. He is re-minding them that the Spirit which he is demonstrating, *lives within each person*, awaiting their recognition of that fact



and encouraging them to *go within*, away from the politics and the hypnotic curiosities, fascinations and other cacophony of the world, and retreat into the silence and listen for its voice, and allow its inspiration to guide their lives.

When one needs advice, they go to someone who has more experience and ask for advice... they have more *awareness* on the subject they seek to know more about...

So, in Spirit, there is *no time* and Spirit knows *all things*, so, we each can go directly to Spirit and...

“ask and ye shall receive”

...and just as in this world of appearances, as a child, we ask for small things, an apple, a piece of chocolate, a sandwich, so as we grow and mature, our needs



change and so, we need to learn the *right words*, the right *mental attitude*, to ask of Spirit so we are in alignment with it, *speak its language of deep and sincere feeling*, and through that we manifest the request... IF it is lawful, **that is right and wise and good for us.**

*“Pray believing you have received,
and you shall receive”.*

This whole world has been, and is shaped as the light we are has passed through the hearts and minds of everyone who has ever lived, and is sustained *or changed* by those alive **today**.

This *inner* light is the essence of all things. WE shape this world, and WE are given more power and responsibility, when WE are in alignment with the Divine and Living Law written within our DNA.



The 'children' of this world of appearances, this 'material world' do not acknowledge the inner light. They do not acknowledge the source of all intelligence, although they themselves claim to be intelligent!

Their awareness is lacking, they've focussed on the world, on 'appearances' on 'effects' and erroneously have deluded themselves into thinking that by manipulating some events and some people through fear, and financial manipulation, that they are 'leaders'... yet, they are totally unaware that the *living Divine Law* is also operating through them, holding them responsible for their every thought, word and deed.

In this respect, look at their bodies, their 'Book of Life'...look at the drugs they use and the degeneration they seek to 'fight'



off... Some invest huge amounts of money in 'anti-aging' research and 'technology' without stopping to realise that TIME is a MIST, it is *not a cumulative*, it is an atmosphere passing away, like a fog does.

The reality is that the body IS the Book of Life, and while some can 'afford' to pay for the best 'personal trainers' and they can 'get into shape' there seems to be scant awareness that they will be held totally responsible for *how they amassed* 'their' wealth.

No one escapes *the reality that we are one. This is the most important factor necessary for creating individual peace and social harmony.*

One cannot deny any part of their body health, and still expect to be healthy!

Likewise, in the world, we cannot



deny the beggar our helping hand, and he cannot deny the lesson he received in terms of understanding the thinking, which caused him to resort to begging. The change is necessary both in the beggar and in all those around to become more aware and avoid degeneration and death.

To use the example of our skin...

“Skin cells grow and divide in the basement membrane. From here, the new cells get pushed up into the epidermis. Once in the epidermis, the cells no longer receive blood or nutrients. They begin the slow process of dying and sloughing off to be replaced by yet more new cells. Your outermost layer of skin is nothing but dead cells”.

We are nourished **ONLY** from within, of the Spirit.

Each cell in the ‘basement membrane’ receives the nutrients it requires, and every cell is con-



nected to every other cell of the body. The cell which is your eye, is connected to your foot, though you might not think this way, just as the 'rich man' thinks he is not connected to the 'poor man' or vice versa.

The reality is, all cells are the product of the Word becoming flesh, and becoming us. So, those seeking to harm others and maintain health, are really projecting a warring mindset living within them and, because they're *not aware* of how to draw on the Well of Living Water within, they are slowly committing suicide. Their hope for an 'antidote' to their own thinking, in the form of a drug or 'technology' is doomed to failure from the onset; a mental delusion.

Were they *aware*, (and yes, as the Word spreads, every human being, will awaken and become



aware) that the body is our ‘Book of Life’, a *living record* of our thinking and motives, they would *immediately* have the key they are investing billions to find, and that money could be used to circulate (currency) throughout the world (one body) to raise the standard of living for every human be-ing. Indeed, for every living creature, for when the human be-ing raises his consciousness, the whole creation is raised.

“For we know that the whole creation groaneth and travaileth in pain together until now. Not only that, but we also who have the first fruits of the Spirit, even we ourselves groan within ourselves, eagerly waiting for the adoption, the redemption of our body”.

“For the earnest expectation of the creature waiteth for the manifestation of the sons of God”.

These passages, written by ‘Paul’ (who represents the work



of truth in the body) speak of the *first fruits* of the spirit, and the process of ReGeneration has been ongoing since they were written, and every person participating daily in the process, will experience the fruits of the Spirit, and an increasing awareness of the process we are all participating in.

The seed of our salvation, sown within us 'at the fall' has been growing and maturing, and bearing fruit through thousands of people for the last six thousand years, and according to the allegorical time line of Genesis, of "six days" with "a day is as a thousand years, a thousand years is as a day"... and we are on the close of the sixth day, means our maturation into awareness of the indwelling spirit is increasing and that when we live in the *now*, we shall be crowned with Soul consciousness.



The statement in Genesis:

“...became a living soul”.

Means: Self-awareness, Self-consciousness. **SELF-CONTROL.**



Applied Meta-Physics is the oldest Science in existence. It is the study of who we are and why we are here.

It is sometimes called 'The Science of Making the Ideal Real', because it identifies in concrete terms the abstract workings of the mind, and teaches the steps every eternal idea passes through in transition from the plane of the eternal spiritual world, to become manifest on the earth plane.

The sacred writings we have inherited are meta-physical in nature. This means they have been written through the inspiration of the Paraclete using words, which have varied meanings, interpreted accordingly, depending on which level of consciousness the reader has achieved.

The *art* of Applied Meta-Physics is to 'conceal, to reveal'. The Wisdom the writers concealed protects it from those who would destroy the writings, *and therefore destroy themselves*, until a time when the human family matured and awakened and realised its need.

The scriptures are like an offer to an addict deep in the throes of ad-diction, rejecting what they really need most, and lashing out, because they have lost control of their own minds. In the height of the loss of control the addict attacks those seeking to help them and would destroy them.



The parables, analogies, codes and koans in the Helios Biblia have preserved these writings, as the power of the Word concealed within them has worked in the hu-man consciousness to do exactly that.

Applied Meta-Physics is the Key opening the way to comprehending their riches and applying the Wisdom revealed in one's life and proving the truth thereof.

There is a simple fact of life:

We are all created equal, in that we are all the offspring of God, and we form our lives by the thoughts, words, deeds we think, speak and do. The equality is that the Divine Law is no respecter of personalities.

We are all held responsible for everything we do, and our body either regenerates or degenerates according to the motives of our hearts. If we seek to rule others, we are using the life we have been given to express ourselves contrary to the Divine Law, and this is slow and definite suicide.

If we submit to the will of another, this too is slow suicide and contrary to the Divine Law.

The LAW IS!

It is the Doorway to Everlasting Life.

PEACE.





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