

APPLIED META-PHYSICS:

FROM ET-ERNITY
THROUGH TIME AND SPACE
TO
ET-ERNITY

A COLLECTION OF ESSAYS

THIS ESSAY:

INVENTIONS: THE WORD
PROCESSOR & the FRUITS of the SPIRIT.
(TO BE READ AUDIBLY)

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INVENTIONS: The WORD PROCESSOR & the FRUITS of the SPIRIT.



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APPLIED META-PHYSICS, THE SCIENCE OF BE-ING AND KNOWING

ESSAY: INVENTIONS: THE WORD PROCESSOR & THE FRUIT OF THE SPIRIT.

When I extended an invitation to each of you, to join this essay group, my invitation stated that what we are working towards is **total SELF-CONTROL**.

I have come under some severe criticism from a friend of many years who has accused me of being “a know it all” and ‘arrogant’ because I do not agree with his ‘guru’, Carl Jung, whom, while he claimed to “know God exists” his work does not clearly state that, despite the lengthy and intense self study he subjected himself to and the voracity of his reading and extensive writing, mostly focusses on his experiments. He appears not to have been initiated into any of the schools of the Divine Mysteries and his work is paraphrased from those he counselled, interviewed and from the information condensed into the Race Thought Atmosphere. (if you understand this, you’ll know I AM not ‘against’ him in any way).

His work does reveal a deep thinker, a sincere searcher and I have no intention of taking anything from him or anyone else.



There is a vast difference between seeking Truth and expounding Truth, especially when the lower mind has convinced a vast majority of people that there is no ‘absolute truth’ because, that is the self-deception and limitation of the 666 mind, which accepts no mind higher than itself.

This is the reason why the world is as it is today. Throughout history, when the higher mind makes itself evident, *those of the lower mind grow afraid and seek to cancel it out.*

So, it appears that history repeats itself, when the reality is, that the cause of this is that people are enslaved to habitual forms of behaviour, and these produce, in and through them, the same events as their predecessors.

The ONLY way out of this is via a greater than ever before understanding of the formative and creative power of the Spoken Word and the Race Thought Atmosphere it sustains.

When each person realises their power, and learns to use it wisely to be the ‘gardener of their mind’, doing the necessary work to dissolve the formative thoughts producing suffering, *then suffering will end.*

The most common response to this and other statements relating to healing our world is that “it will never happen, there are far too many of us”.



This common response is, in itself, a programmed response, because the person speaking it, is *deceived by looking out into the world and assuming change cannot happen because of 'how many people there are'*.

They do not realise this is a deception, they do not realise it is evidence of a denial of self-response-ability—because, the *only* thing required of them is that *they mature into spiritual consciousness, overcome their own suffering and live as an example for others to do the same.*

One candle lighting another, in no way diminishes the candle already lit.

What those speaking about “how many people there are” are not aware, is that we are *all one*. We are each an aspect of the *one spiritual body of life*.

So, I AM an aspect of you, as you are of me.

We *IS* one, and this becomes more evident as we rise through the planes of consciousness into the higher mind.

What is obscure to the lower 666 mind, becomes crystal clear in the 999 mind. In understanding this, it is easy to see that what this friend did, reveals how deeply the Race Thought Atmosphere is rooted into individual minds.



I will not go to go into Jung's work, as I know it, in depth, I will say that it appears obvious that his terminology is a re-phrasing of many ancient esoteric psychological terms.

His "collective unconscious" is akin to the Race Thought Atmosphere, though his description is more vague, while we understand the Race Thought Atmosphere, egregores, demons and jinn (all forces accumulated through the ignorant use of words) and its operations through people, *much more thoroughly*.

What he calls 'the shadow' is each person's ignorance of the fact consciousness is a garden and that we have had seeds of ideas of 'good and evil' measured *according to material values sown into consciousness before we were old enough to conceptualise*.

These examples are not 'just semantics' as the right words are exceptionally important, in describing the movement of energy, all around, within and through us all.

One statement doing the rounds right now is:

"The linear aspect of time lies in Jung's conviction that man is an uncanny experiment of the living God, who seeks to become conscious in man".

First, time is a mist, a field of energy we can see through when we raise our vibration.



Second, there are no ‘experiments’. This statement is the very definition of ‘trial and error’ or ‘good and evil’, which we are to transcend.

Such a conclusion (and all these conclusions are the very definition of eating the fruit of the tree of the knowledge of good and evil) is evidence that he was not privy to the Sacred Science revealed to initiates, which, when lived causes the inner fyre of the heart to burn brightly, *which is each adepts’ confirmation of communion with God.*

It is this experience of the burning heart, the baptism of fyre I seek to guide you towards, the taste of which empowers us more than in any other way.

So God is not ‘experimenting’ there are no ‘experiments’ in the Working of the Divine Law. *Everything, and I mean everything is governed by the certainty of the Divine Law.*

Life is a process of ReGeneration. We have fallen from awareness of the **indwelling** God and are returning, through the process of **Re-Generation** to a full Gnosis of what *it means to be conscious of oneself as an aspect of God.*

The process of how to ReGenerate has been given to us. It has not been understood because those who claim to be ‘the Church’ are a political organisation comprised, mainly of



those who do not *know* the Ever-Living God.

The idea that the Ever-Living God would struggle to become conscious in man is absurd, and contrary to what the ancient mystery schools taught, and also contrary to practical experience of the atonement, which each person *can experience for her or himself*.

Historically people have struggled because of the lies and the ignorance sustained by the political organisations posing as the church and because of the psychic forces of the Race Thought Atmosphere, which they have built up, which have become heavy, darkened and destructive, for most, in an overwhelming way.

Scripture teaches man is asleep and is struggling to awaken IN God. That is, *God is the length and breadth and width and height of creation, in whom we “live move and have our being”... and each of us is in a process of awakening to this reality, via the power of God within who animates us.*

“Christ IN YOU, your hope of Glory”. Again, I ask you to bear in mind that Christ is Light and Power and not a personality or the surname of ‘Jesus’.

IF you are deceived into thinking that Christ is anything other than the name of the creative power of Life, and is represented by ‘Christianity’, then you will not experience the



inner fyre *that confirms Christ is within you*, imparting life to you, always has been and will strive with you to realise that, until you do, or die.

More and more of the hu-man family are awakening from the sleep of 'inevitable death', and those in the ReGeneration are the previously corrupt, who are *putting on incorruption*.

Incorruptibility is attained **only** through the power of the Holy Spirit/Paraclete. When the *Paraclete suffuses every cell, then, this corruption has put on incorruption, and this mortal puts on immortality*.

The transformation happens within each cell, radiating outwards, and the resulting power felt is blissful beyond words. The power is evidence of resurrecting the consciousness out of degenerate behaviour into ReGeneration and the attainment of everlasting Life.

These are the days we are living in, the transition from an old world of ignorance of Self, into a New World, which is the product of interior illumination, and incorruptibility.

The KEY given, which describes the stages / planes of consciousness, and its numerology is essential to understanding the numerology in the ancient teachings. The first Chapter of Matthew teaches the evolution of consciousness we are each to experience.



So many people turn away from these teachings because of the lies and the deceit and the paedophilia of those claiming to be their guardians and to this I say: *“Learn to see beyond these lies and discern the truth of the teachings for yourself”*.

Only when we see beyond the lies presented as ‘truth’ to the real truth, which requires mental effort, do we develop the necessary understanding of ourselves, of the teachings and the world, which results from our understanding and behaviour.

This awareness within us, is what each person is seeking. And this series of essays is dedicated to re-minding the reader, that the great teachers taught “The Way” and “The Way”, like any of our motor-‘ways’ is adequately signed to assure our safe transition from one place to another, *from the carnal to the spiritual mind, only if we do not act contrary to the signs in place*.

In hu-man nature, the ‘signs’ are the Divine Law written *within us*, which we are discovering (increasing in understanding of) each day as we live and learn.

To learn is to awaken.

“Awake thou that sleepest and the light of Christ (your own higher SELF-radiance) will shine upon thee”.



This is an inner experience, the inner illumination of the *fyre of the heart* I refer to in my writings, which in its indescribable beauty burns and imparts the fruits of the Spirit, which I shall discuss farther on.

So my sharing is to say, I have first hand experience of these things, and my whole purpose in writing these essays is to explain that when we liberate the teachings we have received from those who would deceive and control or 'lead' us, and we comprehend them as text books teaching us how to heal ourselves, then when understood in this way, they lead each reader *into a tangible experience and relationship with the Ever-Living God* within, and all around us.

“The air is thick with God”.—SJS.

What has been hidden is that Life is a 'religious' process, one of inner work, of defragmentation leading to outer harmony.

There is one religion, our breath, one invisible blueprint for this world, and one spirit guiding us into the Truth, which sets us free from all lies, deceit and error.

The process of religion heals everyone and enables them to bear witness that individual peace and social harmony through unity with God/Self is the real goal of our life's quest.



So, while many people claim to strive to know God, their criticism and condemnation of those who have travelled farther in “The Way” reveals their true motives.

They claim to desire to know God, yet call those who have forged a way for them to follow with relative ease, “arrogant”, and “know it alls”, when the reality is, the life’s work of those who unite, in any measure with God is to re-mind others, they too are a child of God, and, *that each can experience the atonement for her or himself.*

Calling others names reveals one’s own character, and the measure of the teaching one has received. It is an avoidance tactic, and unbeknown to them using it, a hindrance in The Way to overcoming.

Why do I discuss this? Simply because **the single most powerful hindrance to people living by the truth, which they already have found in their heart, is what others, their friends, families, and associated might think about them, when they live in truth to their own heart’s inspiration/intuition.**

Across the world, people live in the fear of what others *might think*, rather than be true to themselves.

So, whether its an inherited teaching, or the



teaching of a ‘psychologist’ or ‘guru’, who cannot lead them to the light within, many cling to these teachings and get upset, simply because when they realise a truth, they must also realise that what they’ve been taught by their ‘gurus’ is a half truth or often a complete lie, and this is painful for them, because they’ve invested their focus onto remembering what they’ve been taught, and have not **discovered the power of the Spirit of truth within themselves.**

The Truth requires no memory, it is et-ernal and lives within every one of us. Right now, it is seeking “The Way” of expression through you.

MY purpose is to share in-formation and in-structions, gleaned from personal experience, so you can reform your thoughts about the Ever-Living God, and on realising **God is breathing through you**, be in-structed, *that is, built up from within*, so that as the Spirit pours its life into you, *in ever increasing measure, you bear its fruit.*

This is not to say that you do not already do so in a measure, it is to say you can share in a *deeper understanding* and these essays are to encourage you to get to know yourself more deeply that perhaps you’ve experienced before.

Everything around us has the specific purpose of ***teaching us our own nature.***



As I have stated in other essays, *inventions are a projection of the mind*. Their purpose is to teach us in an analogous way, the principles, *which comprise our own nature*.

So in this essay, I shall discuss some of the *basics* of the invention of the **‘Word Processor’, and some psychological correspondences**. Then, I shall discuss the fruits of the Spirit, which become evident in and through us, only after we have, by using the *power of the Word*, cultivated the garden of consciousness and **Live in alignment with the Divine Law**.

A WORD PROCESSOR, and its functions, teaches us some of the principles we can use to change our minds, and *renew our thinking in the process of ReGeneration*.

These are just some basic examples to help you see the analogy, and how it works, and how this principle of analogy, we can apply to **everything** in our environment to learn about ourselves.

With a word processor, we can:

Write words: Form thoughts, sound the depths of our being and conceptualise ideas. This is a form of memory.

Delete words: (thought forms) by highlighting (calling to mind) and then deleting, that is

by deciding not to repeat that behaviour.

Backspace delete: go back and redo whatever it was you were doing.

The very word ‘Word’ in English ‘bottles up’ meaning, where each letter or pair of letters has a deeper meaning, which reveals the Spirit of Words. This means that **every Word has force and form**, and when we use this force and form Wisely, we can achieve everything we set out to do.

The Spoken Word is the most subtle and yet the most powerful force on this plane of existence. From it, we have shaped and continue to shape **everything**.

Here in a nutshell is a principle every person on earth should know and understand.

*“All things in life are expressed in words.
Equipped with the inner meanings of words,
a person can control all the issues of his or
her life, from the insignificant to the great”.*

—Charles S Fillmore

Another important fact, is that *our body takes shape according to the vibration of the Word flowing through it*. This is generally a slow process, as far as ‘time’ is observed, yet, the power of the Word can and has been increased dramatically producing instantaneous healing.



We all contain this power. Yet, again, we are never taught about it. We all contain, the very Word of God, whose vehicles we all are, as I have discussed in other essays.

The purpose of all of the ancient mystery schools, before they got hijacked, was to teach each person their own power, and its wise and loving use.

The result is Self-Knowledge and Self-Control.

Our whole existence is one of expression, and every invention is teaching us our own nature, so we can regain Self-Knowledge and through that, total Self-Control.

Collectively, when we have Health, Peace, Happiness and Self-control, we have Heaven.

As I have said: *“This is Heaven, Hell is not knowing this is Heaven”.*

To discover this truth for yourself, requires you do the necessary work to sound the depths of your being and dis-cover and purge those very thoughts, words and experiences, which prevent you from realising this here and now.

The more you sound the depths of your being and awaken to the *inner flame*, the more you will realise this truth, and when you do, your Words will be charged with an increase in Spiritual Power.



To continue with the analogy of the Word Processor; let's look at the letters of the word 'word' and see what energy is bottled up:

W: Is the Flame of Life (Shin) it is also 'tooth'. So, as we speak, our teeth, which are tuning forks, are picking up the vibration of our Words *and writing them into the body.*

Lies tear us down, the Truth sets us free, and invigorates us. When we are connected to the inner spirit of truth and speak words from Truth, we kindle the powers of the Spirit and experience atonement with God.

OR: Gold. This is the hidden Wisdom (power and form) of each Word, as we send them into the World, we are responsible for our Words *and shall be held so.*

This is where the adage: The "Beginning of Wisdom is the Fear of the Lord" arises from, because when we realise this, **that our words will bear their fruit both within and all around us, we become very careful and seek to grow wise in our speech.** The Lord and the Law are One. *What we sow in speech, we reap in experience.*

D: Daleth. Door. Our mouth is the open door through which the indwelling God is made evident to the World. "By your words you will be justified, and by your words you shall be condemned".



“The Power of Death and Life is in the Tongue”.

Knowing these things, let us seek the guidance to invoke the faculty of Wisdom, and marry it to Love that we may speak words of Kindness and Strength to all, as we know we shall bear the burden (and a burden is anything we carry, it is not always a difficulty) of our own Words.

Once spoken, *Words will go and do what they are sent to do, with the power we impart to them.* Fortunately for us, our Words are greatly diminished in power when we speak in ignorance, in hatred, in jealousy, etc. Even though they hurt us, they can never reach the strength and power of Words of love, spoken from a Heart in alignment with the Divine Law.

The very word ‘word’ shows us how energy is bottled up and directed. Multiply this with the average words (7,000) a person speaks each day and it is plain to see why so many people experience difficulties... ***they sows seeds of ignorance, which will bear the fruit of their own experience in days to yet unfold.***

Many people speak much more, some speak less. Every word is a seed, which the Divine Law weighs in the scales of justice to make sure every person learns the best lesson in the best way.



“By their fruit you shall know them” is *first an inner process, then projected into the world and manifesting as health, experiences, and finances, etc.*

The invention of the Word Processor teaches us how to edit our own consciousness. Everything we can do with the software on the PC, we can do within ourselves, only we have far more control over our inner process than we have been taught.

Some more commands:

Delete forward: Use enthusiasm to overcome doubts/obstacles.

Punctuate: Focus on our delivery and pace ourselves in expression.

Choose a FONT: A ‘font’ is a water holder. Every letter ‘bottles up’ energy and the ‘font’ is the shape and intensity of the ‘truth’ (water) we have bottled up, tintured with the elements of the Race Thought Atmosphere we have not yet overcome within ourselves.

Find and replace: By using *focussed* words, we can dissolve within us, trauma we are carrying and replace every instance of it with a lesson received, and liberate ourselves from the pain of the lesson itself.

I AM sure you’ll all have access to a Word Pro-



cessor of some type, so I encourage you to look at the menus and see the functionality. Everything you see, has a corresponding principle within us, which we can use to ReGenerate our character.

When we learn how to sit in the silence and 'edit' our character, we are, by the power of the Spoken Word, dissolving neural pathways and building new ones, throughout the garden of our consciousness.

As we do this, we are ReGenerating, and this is exactly what the ancient mystery schools taught. How to attain and live from the Higher Self, not only refer to it as an aspect of oneself, in the abstract.

As we become competent editors, we are re-writing our body, which has continued to re-write itself using the words we gave it in the past.

NOW, you can, like the farmer choosing the best seeds and seeking the best crop, use the most wise, loving, kind, words possible to guide and ReGenerate your life.

To participate in this process of ReGeneration, consciously acknowledging the Power of the Spirit (I AM, Jesus) and directing it to plant news seeds, prune existing growths in your garden, is to come to know the Truth, which sets us free. As the power of the Spirit bears its fruit in our lives.



Fruit of the Spirit:

Universally Accepted (9)

1. Love
2. Joy
3. Peace
4. Patience
5. Kindness
6. Goodness
7. Faithfulness
8. Gentleness
9. Self-Control

“This corruption must put on incorruption, this mortal must put on immortality”.

We are not just born to suffer continually and then die, being condemned (again) for ignorance (as some would have it) to an eternity of hell.

Et-ernity means ‘no-time’ and it refers to the spiritual realm *anyone* can experience when they get still and open their minds to the presence of the Spirit concealed in their hearts.

To do so, is the beginning of Faith (Pistis).



Faith builds us up. I have already written a short essay on Pistis, Gnosis and Sophia, leading one to become a Philosopher, a “lover of Wisdom”.

It is through the in-structions (building up within) of the Divine Law that we grow strong. When we are aligned ourselves with the Divine Law, its power and Wisdom flow into us, dissolving the crystalized thoughts, which sustain ignorance of self and corruption and washes them away.

The energy bottled up is dissolved and re-portioned to building new cells, repairing DNA, changing the reconfiguration of the *DNA, and renewing our minds.*

“Be ye transformed by the renewing of your minds”.

The lower (666) mind has done as much as possible to remain in power, now, the teaching is clear, and the method of ReGeneration is made clear for everyone to see, and participate.

The *first fruit* of the Spirit of transformation is Love. Love becomes rooted within the conscious mind, from the inner Spiritual realms, of the higher mind (888) and becomes more and more and more exterior and evident as we develop its qualities in consciousness.



The argument over whether there is 'a God' or not is an argument of the lower 666 mind. This phase of consciousness is so wrapped up in materiality, and the 'solidness' of this world of appearances, it cannot perceive the Spiritual blueprint, *which is the very essence of this world.*

Consequently, having the mind darkened by material thoughts, the atheist, denies the light of consciousness, which can alone unite him/her to God and prove to them the absolute beauty of existence.

It takes work to clear one's mind of the Race Thought Atmosphere, and the reality is that atheism is the unwillingness, or the inability to do this work, *to feel and recognise one's unity with God.*

Yes, there are many on the other hand, the deceivers of this world. They claim they know God just to make money. The reality is, that they too have already denied themselves the True connection to God, and this is slow suicide.

The way to *know God* is to recognise the gifts of God, the fruit of the Spirit, which incrementally liberate us from the limitations of the material thinker, and set us in The Way to everlasting life.



The first fruit of the Spirit is Love.

Everyone knows what love is. It has various degrees of intensity and different applications. The ancient Greeks had eight words for Love:

- Eros (sexual passion)
- Philia (deep friendship)
- Ludus (playful love)
- Agape (love for everyone)
- Pragma (longstanding love)
- Philautia (love of the self)
- Storge (family love)
- Mania (obsessive love)

In this essay, I shall discuss AGAPE, described as Love for everyone. This Love is a POWER flowing through us, when we demonstrate this Love for others, even strangers, by being steadfast within oneself and expressing the Love of the Heart, then the vibrations of Love increase *and are felt by all participating in the love feast.*

This AGAPE is the 'love feast' where the power of the Paraclete (Holy Ghost/Holy Spirit) flows through the speaker, and is received by those listening with their hearts. Just how deeply each receives it is unique to them.

As the power flows through the company (“Where two or more are gathered, there AM I with them”) this is felt as GRACE.

Grace can range from a subtle barely discernible flow of energy right through to the intensity and frequency of power, which heals instantly. Depending on the sincerity and the purity of the person speaking.

As the human family has become corrupted, Love is the starting point where the Spirit of God enters one’s life and begins the transformation.

The next fruit of the Spirit is: Joy!

Joy is when there is an increase of Love in consciousness. To use an analogy, the voltage of the spiritual power has been stepped up within us, from barely perceptible to more perceptible, so as to consciously percolate up, through the torso, and bringing with it, a feeling of *well-being*.

This ***wellbeing***, is literally that, it is experiencing the flow of Spiritual life directly from the well of being, whose ‘mouth’ is in the lower torso.

When this Joy bursts forth, one is totally disturbed initially as the power of the spirit makes itself known, then, as the person settles into the new state their confidence and joy increases incrementally.



JOY is the confirmation of the innate power of the Spirit flowing into us, confirming to us, that God is continually breathing into us, imparting this wonder-filled gift of life.

So Love leads to Joy, and Joy leads to Peace.

The next fruit of the Spirit is Peace:

This is the “Peace that passeth understanding” because it is not the absence of anything, of noise, or clatter. It is the feeling of fullness one experiences built on Joy, because one is growing aware of the omnipresence of God *and* one’s inner connection to God.

In this realisation, *a deep calm* fills the mind, a deep indescribable peace, which cannot be shaken by the world of appearances, because its roots are in the unseen spiritual world, which is the blueprint for this one.

It is the Peace which fills the Heart to overflowing.

This peace percolates through us, keeping us calm, and strengthening us, with spiritual fortitude, which, as we acknowledge it, and become an expression of it, grows stronger and stronger within us every day.

Established in Love, feeling its Joy, accepting the peace, which comes about by the conscious awareness of the omnipresence of God, for in



God there is no division, then we are brought into the awareness that a process of maturation is underway.

We are evolving into a whole *new awareness* of our selves as off-Spring of God. This is far deeper and more profound than anything the world and those enslaved by the Race Thought Atmosphere can teach us.

The next fruit of the Spirit is Patience:

This New awareness gives us Patience, as we know the Law is at Work, working out everything so that we may awaken into the image, *after* the likeness of God.

We have sown the seed. We have done the necessary work. We water the seed each day. Now, *God (the Divine Law) supplies the increase*, for God is the very essence of life itself, on the most subtle plane of energy.

As each day unfolds, the energy becomes more and more evident in our lives. It awakens us from the deep hypnotic sleep of this world of appearances and its uncertainties, and it reveals to us, that below the surface there has been a process at work to shape us all into conscious offspring of God, and yet, the vast majority have not been aware of it.

Now, with the fruit of patience, one can perceive the process, one can observe its finer



workings, because one has learned to see through the veil of this material world and its uncertainties, to the working of the Divine Law and its certainties.

The reality is that all the world's events are established in the spiritual reality of the Spiritual world, and we, by our WORDS we prune the garden of being, we learn how to care for it.

Our lives' events are shaped by our words, as is that of the world, and the words sown into the Race Thought Atmosphere, bearing their fruit through each of us.

When we are more mature gardeners, we are entrusted with the most powerful seed ideas and concepts, which have the ability, when seeded and cultivated, to renew the Race Thought Atmosphere, and *produce a whole New World*.

This New World comes through us, it is not foisted on us. It is the result of a ReGenerative process, first in the individual, then in our communities, and in parallel we cultivate the very ground we walk on and restore it to its pristine beauty.

Yes, all this is, right now, in the works. This is Heaven. 'Hell' is not knowing this is Heaven.

It is by the fruit of the spirit we are nourished,



and enabled to see the process unfolding before our eyes, as the *mist* of time clears, and that, which has existed in eternity is revealed.

Patience. The seed of our salvation was sown at the fall and the Divine Law has tended it since the Foundation of this world. It shall ensure the seed of God within every one of us, shall bear its fruit in due season.

Once the fruit of Patience is established in the mind, it transforms us. We are no more the slave of impatience, greed, worldly ambition. We come to realise these things are vanity, and are forms of suicide.

So, we seek out the Divine Law, which guides every action in life and we align ourselves with it. As we learn the Law and realise it is written within us, then we consciously read of this book of the Law written deep within us, and copy it into our conscious mind, that we are able to live by it consciously, each day.

The Law itself determines the best lessons we each have to learn in the best way, and this process is called: LIFE! The Divine Law governs every aspect of Life and our thoughts, words and deeds are written into our body, as US.

The truth is, we are self-perpetuating and self-renewing, shaped by our own consciousness and the LAW.



The next fruit of the Spirit is Kindness:

With personal ambition out of the way and the newly awakened consciousness aware of the process of Life, the fruit of Kindness makes itself evident, in, and through us. Within us, as we realise that due to our past ignorance, and according to the measures we have used to judge our lives, many of us do not deserve to be alive!

Fortunately, God's Wisdom and Love far transcends ours, and has the purpose of leading us into an ever deepening comprehension of ourselves, so that as we awaken "into the image, *after* the likeness of God", we see that 'others' (and there are no real others, only aspects of the one spirit) are exactly like us in essence, and this realisation imparts to us the ability to be kind.

All unkindness is due to ignorance of Self, and the result of the mind having been fragmented and falling into material concepts. Into the deep web of the Satanic 666 mind, which is death.

To be carnally minded is death. To be Spiritually minded is Life... so, we purge the concepts of materiality, of its divisions, and material thinking, like a snake sheds its skin, and we too are renewed.

As we cultivate the fruit of Kindness, our focus



of attention changes. We are no longer wrapped up in ourselves. *We see everything differently*, we see the omnipresent Goodness of God, and as we align ourselves with this, we are transformed even more.

The next fruit of the Spirit is Goodness:

This process of ReGeneration requires effort, exactly in the same way that a garden takes effort, when we are working to recognise each form of growth (thoughts and behaviour), which we are going to retain, and which we are going to uproot and turn into compost.

So, a greater realisation of Goodness begins to pour through us. We no longer think in terms of ‘good AND evil’, we realise that everything is working *for the Good* and that we can only perceive this *when we are seeking out the good*, and doing the necessary work to purge from consciousness the ideas, which enslave us into thinking that something is ‘not good’.

We were told not to eat “the fruit of the tree of the knowledge of good and evil”. Earlier generations ate the fruit, they passed their way of thinking down to their progeny, and this has continued right to this day and no one has taught you how to be the gardener of your mind, and uproot and overcome the thinking, which has for thousands of years produced suffering and misery.



‘Adam’ sowed the seeds of death. Yet, below the surface a process was at work, one of Re-Generation, and dis-covery within us of Christ as the first fruits of that process. Jesus the Christ then sowed further seeds of everlasting life into the Race Thought Atmosphere and when we ‘eat the words of Christ’ we appropriate the power contained within them, and they bear their fruit in us.

Then as the fruit of the spirit increases within us, we are transformed. This corruption *is putting on incorruption, this mortal is putting on immortality.*

The putting on of immortality is only possible when we eat the fruit of the Spirit, which grows on the Tree of Life (within us all) and we overcome the desire to eat the fruit of the tree of the knowledge of good and evil, which results in death.

We are also taught: “No one is good, except God”.

As we appropriate the fruit of goodness, we are transformed. The *God in us* becomes more and more evident. We, by the power of the Spirit are overcoming every trial set before us. We have communed with the absolute bliss of God, and this foretaste of things to come opens our eyes to the reality of ***omnipresent good.***



As each of the fruits nourishes us, and as we becoming willing participants in the ReGeneration, the door of Faith is shown to us. We are going to be invited into the eternal Spiritual world and given a glimpse of its absolute beauty and wonder.

The next fruit of the Spirit is Faith/Pistis:

Faith, 'Pistis' the ability to pierce the veil of this world of appearances and enter consciously into the eternal world, which is the blueprint for this world of appearances.

Throughout the ages, this world of appearances has been shaped and re-shaped according to the inspirations received through faith, in greater or lesser degree, by the spirit working through the Law to shape world events and the evolution of our consciousness.

We are continually evolving each day. You are not the same person who read the previous essay. If you can become aware of this, and open to the inspiration of the spirit, and learn to do this each day, the new you awakening each morning, will not be subject to the old way of thinking, which served (or not) the old you.

A New You emerges, a new way of comprehending Faith, a new way to be constantly inspired every day with the fruit of the Spirit, which shall strengthen you in every way.



I sincerely hope my readers can grasp the subtle process at work within every one of us, as they seek out the fruit of the spirit each day, and do the necessary work to purge heart and mind of everything, which is unlike love.

Yes, it is the fruit of the seed of God within us, to bear the fruit of Love every day and to mature into the qualities and bear the fruit of the Spirit, that we may be transformed.

Faith has been described as “*the substance of things hoped for; the evidence of things not seen*”. This too has been totally corrupted by the political deceivers who posed as ‘the church’ and has led to ‘blind belief’ and ‘believing the absurd’ without evidence.

Not so, Pistis, Faith, is a gift each receives when they have developed the other fruits of the Spirit, and can be trusted with its great riches.

For the mysteries of the kingdom of God are given to the disciples of Christ. A disciple is one who seeks to understand their own life and mature into the process of ReGeneration.

Only after certain faculties of the mind have matured, is Faith possible; does the inner door to the infinite open.

When we have experience of the inner eternal World of the Spirit we are also made aware of the UNITY of all things.



Where, before, the carnal 666 mind, governing the sensual 333 and the desire 555 minds, usurping the energy of the serpent coil 444 life force, created division, fear, greed, sickness, disease and death. Through Pistis/Faith, one is shown the *interdependence* of all things and this inspires one to live totally differently, with Gentleness.

The next fruit of the Spirit is Gentleness:

The new consciousness of our UNITY inspires us to *walk differently in the world*. No more are we afraid of the world of appearances.

We have passed consciously through the veil and been taught of the World of the Spirit, we have awakened the faculties of the mind, and we are merging with the Cosmic unseen forces, which are constantly working to restore harmony in this world.

We tread knowingly. We walk with light in our eye and laughter in our hearts. We forge our way through difficulties, and any pain we may experience awakens us, and calls us towards a different way of living.

A way of life, eating each of the fruits of the Spirit every day.

We, by the fruit of the Spirit have incrementally attained Self-Control.



The next fruit of the Spirit is Self-Control:

Is this not what every single hu-man be-ing on earth seeks? Does not every sane person seek to be able to live life joyfully, with freedom of movement, unafraid of what others *might* do?

Indeed it is.

Self-control is the fruit of having sounded the depths of one's being, having become the gardener of one's consciousness, having cultivated consciousness to eliminate every thought of sickness, disease and death.

This is only attainable by the fruit of the spirit, the I AM THAT I AM, *which is the Life and Light and Power within us all*, expressing life, with the centre of volition within each of us, guided by aligning oneself with the Divine Law.

Use the power of Words to be the Gardener of your being, and the "Truth will set you free".

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I LOVE YOU ALL



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Applied Meta-Physics is the oldest Science in existence. It is the study of who we are and why we are here.

It is sometimes called 'The Science of Making the Ideal Real', because it identifies in concrete terms the abstract workings of the mind, and teaches the steps every eternal idea passes through in transition from the plane of the eternal spiritual world, to become manifest on the earth plane.

The sacred writings we have inherited are metaphysical in nature. This means they have been written through the inspiration of the Paraclete using words, which have varied meanings, interpreted accordingly, depending on which level of consciousness the reader has achieved.

The *art* of Applied Meta-Physics is to 'conceal, to reveal'. The Wisdom the writers concealed protects it from those who would destroy the writings, *and therefore destroy themselves*, until a time when the human family matured and awakened and realised its need.

The scriptures are like an offer to an addict deep in the throws of ad-diction, rejecting what they really need most, and lashing out, because they have lost control of their own minds. In the height of the loss of control the addict attacks those seeking to help them and would destroy them.



The parables, analogies, codes and koans in the Helios Biblia have preserved these writings, as the power of the Word concealed within them has worked in the hu-man consciousness to do exactly that.

Applied Meta-Physics is the Key opening the way to comprehending their riches and applying the Wisdom revealed in one's life and proving the truth thereof.

There is a simple fact of life:

We are all created equal, in that we are all the offspring of God, and we form our lives by the thoughts, words, deeds we think, speak and do. The equality is that the Divine Law is no respecter of personalities.

We are all held responsible for everything we do, and our body either regenerates or degenerates according to the motives of our hearts. If we seek to rule others, we are using the life we have been given to express ourselves contrary to the Divine Law, and this is slow and definite suicide.

If we submit to the will of another, this too is slow suicide and contrary to the Divine Law.

The LAW IS!

It is the Doorway to Everlasting Life.

PEACE.

