

# APPLIED META-PHYSICS:

FROM ET-ERNITY  
THROUGH TIME AND SPACE  
TO  
ET-ERNITY

A COLLECTION OF ESSAYS

THIS ESSAY:

REINCARNATION  
(TO BE READ AUDIBLY)

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# REINCARNATION

Approximately:  
15 min read.



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# APPLIED META-PHYSICS, THE SCIENCE OF BE-ING AND KNOWING

## ESSAY: REINCARNATION

### Reincarnation

#### Chapter 13

THE WHOLE MAN--spirit, soul, and body--must be lifted up into the Christ consciousness of life and perfection, which is the goal of man's existence.

The Western world in general looks on re-embodiment, or reincarnation, as a heathen doctrine. Many people close the door of their minds to it, without waiting to find out what message it may bring when interpreted in the light of Truth. It is the object of this article to set forth the Unity teaching concerning reincarnation; to show why we consider it reasonable and to explain its relation to, and its place in, the Christ doctrine.

The teaching of Jesus is that all men shall, through Him, be made free from sin and be



saved to the uttermost--spirit, soul, body. But until this salvation is attained, there is death. To give men opportunity to get the full benefit of salvation, life is necessary, and a body through which to express life is also necessary. So, when man loses his body by death, the law of expression works within him for re-embodiment, and he takes advantage of the Adam method of generation to regain a body. Divine mercy permits this process in order that man may have further opportunity to demonstrate Christ life. But generation and death must give place to regeneration and eternal life. The necessity of rebirth must, therefore, pass away with all other makeshifts of the mortal man. It will have no place when men take advantage of the redeeming, regenerating life of Christ and quit dying.

Re-embodiment should not be given undue importance, because it is merely a temporary remedy to be followed by the real, which is resurrection. The whole man--spirit, soul, and body--must be lifted up into the Christ consciousness of life and perfection.

Jesus teaches that rebirth or reincarnation is the unifying force of nature at work in its effort to restore man to his original deathless



estate. Man, through his disregard of the law of life, brought death upon himself, as taught in the 3d chapter of Genesis. But a single span of life, from the birth of an infant to the death of an old man, does not constitute all of man's opportunity for living. Life is continuous and in harmony with the wholeness of Being only when it is expressed in a perfect body; hence man must have a body in order to gain an abiding consciousness of life. Through repeated trials at living, man is finding out that he must learn to control the issues of life in his body.

The objections that the natural man raises to re-embodiment arise largely from the fact that he lives in the personal consciousness and cannot see things in the spiritual and universal. He thinks that by re-embodiment he loses his identity. But identity endures. Personal consciousness does not endure. The personal man is not immortal, and he dies. This is clear to anyone who is willing to give up his belief in the reality and importance of the personal consciousness.

The personal man with all his limitations, all his relations, must give way to the universal, the Christ man.



The privilege is ours to give up or forsake everything--father, mother, husband, wife, children, houses, lands--for Christ's sake and so enter into the consciousness of eternal life. By doing this we come into the realization of eternal life and receive a hundredfold more of the very things that we have forsaken. If we refuse or neglect to make this "sacrifice" and prefer to live in the narrow, personal way, and cling to the old personal relationships, there is nothing for it but to meet the result of our choice, and to sever all those relations by death. It is just a question of giving up a little for the all and gaining eternal life. So if re-embodiment frees one from the old, personal relationships, it is not such a dreadful thing after all, for it gives us new personal relationships. Rising out of these into the universal is a work that everyone must do willingly for himself. Death and re-embodiment do not give redemption. Reincarnation serves only as a further opportunity to lay hold of redemption.

The pure, incorruptible substance of Spirit, built into the organism through true, pure, spiritual thought and word, makes the body incorruptible and eternal. As the mind changes from error to Truth, corresponding changes



take place in the body, and the ultimate of these changes is perfection and wholeness in every part. Therefore those who are trying to lay hold of eternal life have ground for their faith in the promise that they will be saved from the grave.

Knowing that spirit, soul, and body are all necessary to man and that he cannot truly be said to live except in their conscious union and expression, the error of believing that death is the open door to a higher life, the gateway to heaven, is easily seen. There is no progress in death. Death is negation. The demonstration of eternal life can be made only in life--soul and body together working out the problem and together being lifted up.

Sense consciousness has no power to lift itself out of ignorance and sin, so the mere matter of repeated births has not taken the race forward. It is the descent of Spirit from time to time, as the people have been able to receive it, that has made all progress. As men's growth has made it possible, new truths have been discerned and new dispensations have come. When the time was ripe, Jesus came and brought the good news of salvation from



death. But His words had to work in the race consciousness for nearly two thousand years before anyone was sufficiently awakened and quickened to believe in a complete redemption and to strive to lay hold of it. The promise is that the leaven of the Word will finally leaven the whole of the human family and that all people will come into the light of spiritual life.

From the standpoint of creative Mind it is plain that re-embodiment serves a purpose in affording opportunities for spiritual development. All that is gained in spiritual growth in one's life experience becomes part of the individual's real identity; and if he is faithful, he will finally gather such a store of spiritual power and wisdom that he can demonstrate salvation of his body through Christ, who is "able to save to the uttermost." But, we would repeat, reincarnation is only an opportunity.

"The hour . . . now is." Right now the resurrection work is going on, and men and women are awakening to a new consciousness of life, understanding, and bodily perfection. This resurrection work must extend to every member of the Adam race, whether he is what we call alive or whether he, as Jesus said of the dead,





sleeps. All must be awakened and be unified in soul and body.

Many of the present-day ideas of resurrection have come down from past centuries of ignorance and have been accepted without question because they seem to be supported by a literal interpretation of certain Bible texts. But in these, as in all Scripture, we should go back of the letter and see the spiritual meaning of the parables and the symbols used to teach the truth about the raising of the dead. Thus we shall find unfolding day by day in ourselves the awakening and resurrection of thought that we once supposed would come in a single day to the bodies of those in the grave. When this raising of our dying and dead thoughts has gone far enough in us, we shall find ourselves gradually slipping into continuous health; that is, we shall realize that our bodies are self-renewing and therefore naturally immortal. Such a mighty and far-reaching work would be included in the promise "Greater work than these shall he [man] do."

Mention is also made in John's Gospel (King James Version) of "the resurrection of damnation." Damnation is condemnation. Paul makes it very clear that, by Adam's transgres-



sion, condemnation came on all his race. As death has no power to help anyone, the condition of the Adam man is not bettered by dying. Therefore, when people are re-embodied they "come forth . . . unto the resurrection of damnation," in other words, condemnation or correction.

Everyone begins where he left off. But though one may have died in condemnation and been re-embodied in that state, he has opportunity, when re-embodied, to come up into Christ (in whom is no condemnation), identify himself with the Christ race, and demonstrate through Him the deathless life. So is proved the divine justice of including all in sin in Adam, that all may be delivered in one, even Jesus Christ.

Everyone who would demonstrate that he is risen with Christ must first lay hold of life by faith and affirm without wavering that he is raised out of sin and condemnation and death into eternal life. Then the word of life carries on day by day the resurrecting, redeeming work in the mind and in the body. "I die daily," I am raised daily. Every day some old limitation or error loses its hold and passes away and the imperishable, incorruptible substance



of Truth becomes a little more firmly established in consciousness. In this way the body is transformed and raised up in honor, incorruptible, immortal. This is the raising of the dead, as commanded by Jesus.

However, some of the details of this great work must of necessity be, at this time, mere speculation. It is not profitable to allow our minds to dwell on mortal questionings about how the work of Spirit is to be done in and through us. It is our place to hold ourselves in a positive life thought, realizing always the omnipresence and perfection of life in God, thus bringing perfect life more and more into manifestation in ourselves and in others. When we realize how much our faithfulness means to the race, we shall rejoice in being true to the great principles of Truth that will bring to pass the time when death and the grave will be no more. "And death shall be no more; neither shall there be mourning, nor crying, nor pain, any more: the first things are passed away."

That you do not remember your past lives proves nothing. Neither do you remember the day on which you were born, but you do not on that account question the fact of your birth. Comparatively little of your present life is re-



membered, but this does not alter the fact that you have lived. Memory, to the natural man, is a matter of physical brain records, photographic or phonographic in character. The memory of experiences in past lives is not clearly recorded in the new brain structure of the infant. Such memories are usually in the nature of vague impressions; the sense of identity is blurred. But in the book of life, the great mind of the universe, all identity is sharply marked, and as the individual becomes quickened and raised out of personal consciousness into the universal, he will be able to bridge over the breaks in personal experience. He will come to himself. Realizing his spiritual identity as a son of God, he will not entangle himself with either present or past personality, but will claim and demonstrate his divine sonship. He will no longer limit himself to a brief span of life, beginning with birth and ending with death, but will live in the consciousness of eternal life, which has neither end nor beginning.

/End Chapter.



Notes on this essay by Stephen J. Serva Dei:

To know truth is to see beyond the school of thought, through which one learns truth.

So many people label themselves after the school of thought, where they have been taught, instead of identifying themselves with, and living by the truth they have learned and or realised.

This has given rise to a plethora of so called 'religions' and enslaved the minds of the whole human family, as each feels bound to protect their school of thought, rather than live by the truth they have learned.

So think on these things when you are meditating over truth. The name Jesus Christ refers directly to every living human being who awakens from the sleep of death.

Jesus is I AM and Christ is light and power. So, when you read 'Jesus Christ' in the scriptures, or in these essays, realise they are referring to THAT in each of us, which is the source of our lives.

This is why, in each essay I seek to find the ancient teachings, which confirm this, and relate the experiences everyone can have of finding the Living Waters of the Spirit flowing



from deep within, which cleanse the mind's perception and lead it into all truth, so that everyone reading or listening may go within and find the light and power within themselves, which sets them free.

As each person find the Living Waters flowing from deep within they unite with the Truth which sets them free and which is not restricted or limited to any school of thought 'guru' or 'master', or even 'supreme master' as some have exalted themselves to!

The deception of the Race Thought Atmosphere is a waiting game... always at some time in a 'prophesised future', this or that is going to happen and everyone will be 'free and happy'.

The reality is NOW is the Time of salvation, we are each to realise the power of our I AM here and now, and raise ourselves from the sleep of death, and arise into consciousness of our immortality and everlasting life.

These days, there is an illusion, that there is a 'final battle between so called good and evil' when the reality is that dark forces are set against one another because the house is divided. ALL die in this scenario, because the Light of Everlasting Life is not shining from within.



When the Light shines from **within** a person, they transcend this world of duality and live according to the Divine Law, which imparts life to us. "The Living Law gives life and the Living Law takes it away".

As long as people fight because they have differences of opinion, they cannot understand, align themselves with, and therefore abide by the Living Law.

The whole family is submerged in the dark psychic forces of the Egregores, Demons and Jinn, as well as the other fallen angels of the dark psychic forces. This does not negate our self-responsibility, we do not say 'the devil made me do it'... we resist the devil, the demons and increasing in Spiritual power, totally overcome its influences in our lives.

When one overcomes these dark forces, one overcomes death.

As I've stated before, the book of Genesis outlines a process of **ReGeneration**, through which we are to attain to everlasting life.

Reincarnation has been considered as a heathen doctrine because the world has not been taught the real purpose of Religion as a unifying process here and now. and the fulfilling of the prophecy, "let us make man into our image, after our likeness".



The 'saving' of the whole person relies on each person solving the riddle of "finding Jesus"... this is a mystery, set forth for every person to solve for themselves, because the mind must mature into this understanding, the mystery cannot be told in words, for the depth of the words used, would not be received and comprehended by the immature mind.

Resurrection is the fruit of the I AM in each of us. "I AM the resurrection, and the Life!"

Each of the essays in this series is teaching a different aspect of the I AM taking hold of the body and raising it from the dead.

The objections are from the lower 333 sensual plane of mind, which is self-serving and therefore has no awareness of the **Christ within**.

This is our whole journey, **from** personal limited consciousness and the sleep of death, **into** uni-versal consciousness and the **Light of Everlasting Life**.

We brought death into the world by disregarding the Living Law and supplanting it with man made rules, which have sustained the sleep of death.

By aligning ourselves with the Living Law, we resurrect ourselves from the sleep of death, and attain everlasting life.





We are entering into this new and everlasting covenant Now,

In the mystery schools there were two levels, those who are neophytes or novices and those who are adepts, or initiates,

Initiates have atonement with God and their words have more power and deeper and different meanings. Neophytes and novices must mature into the deeper meanings, and be transformed as it illumines their minds and hearts - literally.

The Christ Doctrine, is the underlying spirit of the source, which has anointed each of us with the gift of life.

It is the essence of Life, every teacher came to find and reveal to us. Being made free from sin and death through 'Jesus' means every person must find Jesus within themselves, and we do this by answering the riddle.

The riddle of 'finding Jesus' must be answered individually, not just via experiencing a taste of the Holy Spirit, one must go deeper and answer the riddle so the intellect receives the LIGHT of the Spirit too.

The book of Genesis is a compilation of existing teachings, gathered together, not 'plagiarised', rather collated as a part of the defragmentation process, and the unification



and reinstatement of the **common spiritual source of all people**, divided by the race consciousness and its materialistic traditions.

The purpose of Religion, is to reveal the Truth within every person, so they are no longer enslaved to the materialistic ideas of countries, nationalities, riches, poverty, authority, etc.

Those who are prominent slaves of these concepts, these egregores, and have manoeuvred themselves into positions of 'authority', have enslaved the whole human family. Yet ALL these concepts are dissolved when the Light of the Spirit of Truth shines from within revealing our UNITY.

Each essay is to re-mind you to go within and seek the Living Fyre-Waters which impart life, health, strength, peace and prosperity in Universal Conscioisness to us all.

“And the multitude of them that believed were of one heart and of one soul: neither said any *of them* that aught of the things which he possessed was his own; but they had all things common”.

This is the high mental state the whole human family attains as the Spirit of Truth flows from Word of Mouth to ear illunating the World as a candle lights another.



## Link:

### [Keep a true lent chapter 13](#)

I have shared this particular essay at this Christmas time, as it is at this time of the year (whether accurate or not) that the world celebrates the birth of Jesus Christ.

As discussed in previous essays, there is no vicarious atonement. We all need to do the necessary work to overcome and attain consciousness of everlasting life.

The celebration of Christmas is the commemoration of the I AM, of Jesus being born within us. It is the commemoration that the spirit is making itself evident to each of us, empowering us with the fruits of the spirit, that we may overcome.

Wherever you are, may the light within you, ignite in wondrous flames and bring you great joy, confirming to you, that the Kingdom of God is really WITHIN.

I LOVE YOU ALL.



**Applied Meta-Physics** is the oldest Science in existence. It is the study of who we are and why we are here.

It is sometimes called 'The Science of Making the Ideal Real', because it identifies in concrete terms the abstract workings of the mind, and teaches the steps every eternal idea passes through in transition from the plane of the eternal spiritual world, to become manifest on the earth plane.

The sacred writings we have inherited are metaphysical in nature. This means they have been written through the inspiration of the Paraclete using words, which have varied meanings, interpreted accordingly, depending on which level of consciousness the reader has achieved.

The *art* of Applied Meta-Physics is to 'conceal, to reveal'. The Wisdom the writers concealed protects it from those who would destroy the writings, *and therefore destroy themselves*, until a time when the human family matured and awakened and realised its need.

The scriptures are like an offer to an addict deep in the throes of ad-diction, rejecting what they really need most, and lashing out, because they have lost control of their own minds. In the height of the loss of control the addict attacks those seeking to help them and would destroy them.



The parables, analogies, codes and koans in the Helios Biblia have preserved these writings, as the power of the Word concealed within them has worked in the hu-man consciousness to do exactly that.

**Applied Meta-Physics is the Key** opening the way to comprehending their riches and applying the Wisdom revealed in one's life and proving the truth thereof.

There is a simple fact of life:

We are all created equal, in that we are all the offspring of God, and we form our lives by the thoughts, words, deeds we think, speak and do. The equality is that the Divine Law is no respecter of personalities.

We are all held responsible for everything we do, and our body either regenerates or degenerates according to the motives of our hearts. If we seek to rule others, we are using the life we have been given to express ourselves contrary to the Divine Law, and this is slow and definite suicide.

If we submit to the will of another, this too is slow suicide and contrary to the Divine Law.

The LAW IS!

It is the Doorway to Everlasting Life.

PEACE.

